SUPPORTING STUDENTS: EMPLOYEE GUIDE

adapted for: PAUL G. ALLEN SCHOOL OF COMPUTER SCIENCE & ENGINEERING

WHEN YOU SEE:

*Look for groupings, duration and severity - not just isolated occurrences.

- Disconnected, garbled or slurred speech
- Difficulty remaining conscious, vomiting, seizure, trouble breathing, slow heart rate, clammy skin
- Implying or making an active threat to self or others
- Physical violence (e.g. assault, use of weapons)

Student needs help urgently.

- Significant change and/or disruptive behaviors of learning, living or work environment
- Noticeable change in socially appropriate behavior and/or physical appearance (e.g., significant decline in personal hygiene, weight loss/gain)
- Disclosing distressing life circumstances (e.g.,finances, family or relationship issues, contemplation of suicide)
- Withdrawal from usual social interactions
- Substance use/abuse
- Sexual harassment/violence or relational violence

The student shows signs of distress and needs help but I'm unsure of the severity.

- Sudden decline in quality of work/grades
- Concerns from peers
- Tearfu gypsumlness, irritability or unusual apathy
- Intoxication, hangovers or smelling of alcohol
- Repeated absences and/or multiple requests for extensions
- Excessive fatige/sleep disturbances
- Unusual or disproportional emotional responses to events

The student needs support but I'm not concerned for their immediate safety.

WHAT TO DO:

ALLEN SCHOOL FACULTY & STAFF

Refer Students to Allen School Mental Health Consultant John Rumney
For advising and mental health consultations, email consult@cs.washington.edu

SEEK HELP IMMEDIATELY

CALL 911 IN URGENT SITUATIONS

The welfare of the campus community is the top priority when a student displays threatening or potentially violent behavior.

Connect Students to Resources

HUSKY ASSIST

Call 206-543-9331 for in-person behavioral health support

SAFECAMPUS

Call 206-685-7233 to discuss safety and well-being concerns

HUSKY HELPLINE

Call 206-616-7777 for same-day phone-based support

Crisis counselors available at 206-543-1240

See reverse for additional information.

Provide Individual Support

1. REACH OUT
Find time to meet with the student and use a non-confrontational approach and calm voice. Actively listen, be empathetic and express concern: "I am worried about you."

2. BE DIRECT
Don't hesitate to ask students directly if they are under the influence, feeling confused or having thoughts of harming themselves or others: "Have you felt bad enough to consider hurting or killing yourself?"

3. CONNECT
Offer support and connect student with resources (see reverse).

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CAMPUS RESOURCES

Crisis and Immediate Support

UW Police Department: 206-685-8973

- Emergencyservicesforthreateningordangerous behavior

UW Counseling Center Crisis Support: 206-543-1240

- Same-day crisis consultation
- Available Mon, Wed, Thur, Fri 8 a.m. - 4 p.m.; Tue 9:30 a.m. - 4 p.m.

Husky Assist: 206-543-9331 (dispatch)

- In-person, on-demand supportforstudents, faculty and staff
- Can respond solo or with UWPD (dependent on circumstances)
- Available Mon - Fri 11 a.m. - 8 p.m.

SafeCampus: 206-685-7233

- Individualized consultation andsupport, with plans tailored to your situation
- Reports can be anonymous
- Available Monday - Friday 8 a.m. - 5 p.m.

Husky HelpLine: 206-616-7777

- Same-day supportfrom licensedprofessional counselors
- Available 24/7 in multiple languages

CALL 911 IN AN EMERGENCY

Support & Follow-up

Scan QR

Allen School Mental Health Consultant

1-1 appointments for Allen School Students
Mental Health consult available for faculty/staff, email consult@cs

Student Care Team

Consultation and resources to help you support students
Reviewed by a Care Team member within 72 hours of receipt
Submit a report at **bit.ly/UWStudentCareReport**

Confidential Advocates

Confidentialsupportfor sexual assault, relationship and domestic violence, stalking and/or sexual harassment
Appointments available at **bit.ly/UWConfidentialAdvocates**

Civil Rights & Title IX

Support forcivilrightsand Title IX-related concerns
Connect with civil rights case managers who can discuss options

Additional Resources

Disability Resources for Students

depts/washington.edu/uwdrs | 206-543-8924

Husky Health Center

wellbeing.uw.edu/husky-health | 206-685-1011

LiveWell

wellbeing.uw.edu/livewell

Q Center

sites.uw.edu/qcenter

Student Legal Services

depts.washington.edu/slsuw | 206-543-6486

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