

## Lecture 12: Hitting Time and Cover Time

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**Disclaimer:** These notes have not been subjected to the usual scrutiny reserved for formal publications.

## 12.1 Properties of Effective Resistance

We continue our discussion of effective by giving an overview of basic properties of effective resistances.

**Lemma 12.1** (Metric Property). *For any triple of vertices  $s, t, u$ ,*

$$\text{Reff}(s, t) + \text{Reff}(t, u) \geq \text{Reff}(s, u).$$

*Proof.* By (??),

$$\begin{aligned} \text{Reff}(s, u) &= b_{s,u}^\top L_G^\dagger b_{s,u} \\ &= (b_{s,t} + b_{t,u})^\top L_G^\dagger (b_{s,t} + b_{t,u}) \\ &= b_{s,t}^\top L_G^\dagger b_{s,t} + b_{t,u}^\top L_G^\dagger b_{t,u} + 2b_{s,t}^\top L_G^\dagger b_{t,u} \\ &= \text{Reff}(s, t) + \text{Reff}(t, u) + 2b_{s,t}^\top L_G^\dagger b_{t,u}. \end{aligned}$$

So, we just need to show that the last term in the RHS is non-positive. The last term is equal to  $p(t) - p(u)$  when we send one unit of flow from  $s$  to  $t$ . But, this means that  $t$  has the lowest potential in the network, so  $p(u) \geq p(t)$  as required.  $\square$

**Lemma 12.2** (Rayleigh Monotonicity Property). *For a weight function  $w : E \rightarrow \mathbb{R}_+$  let  $\text{Reff}_w(\cdot, \cdot)$  be the effective resistance function when the conductance of each edge  $e \in E$  is  $w(e)$ . For any  $w, w'$  such that  $w \leq w'$  and any  $s, t \in V$ ,*

$$\text{Reff}_w(s, t) \geq \text{Reff}_{w'}(s, t).$$

*Proof.* Let  $x$  be the one unit electrical flow from  $s$  to  $t$  with respect to  $w$ . Since  $w \leq w'$ ,

$$\text{Reff}_w(s, t) = \sum_{e \in E} \frac{x(e)^2}{w(e)} \geq \sum_{e \in E} \frac{x(e)^2}{w'(e)}.$$

Since  $x$  is a feasible flow that sends one unit of flow from  $s$  to  $t$ , by Thompson's law, the RHS is at least the energy of the electrical flow that sends one unit from  $s$  to  $t$  w.r.t.  $w'$ .  $\square$

**Lemma 12.3** (Convexity). *The effective resistance is convex w.r.t. the conductances and is concave w.r.t. resistances. In particular, for any  $s, t$ ,*

$$\frac{1}{2}(\text{Reff}_{1/w_1}(s, t) + \text{Reff}_{1/w_2}(s, t)) \leq \text{Reff}_{2/(w_1+w_2)}(s, t). \quad (12.1)$$

$$\frac{1}{2}(\text{Reff}_{w_1}(s, t) + \text{Reff}_{w_2}(s, t)) \geq \text{Reff}_{(w_1+w_2)/2}(s, t), \quad (12.2)$$

### 12.1.1 Bounding the Effective Resistance

?? gives a simple method to upper bound the effective resistance of a pair of vertices: All we need to do is to find a flow from  $s$  to  $t$  of small  $\ell_2^2$  energy. Conversely, the following lemma gives a lower-bound on the effective resistance of a pair of vertices.

**Lemma 12.4** (Nash Williams Inequality). *Let  $S_1, S_2, \dots, S_k \subseteq V$  such that for all  $1 \leq i \leq k$ ,  $s \in S_i, t \notin S_i$ . If for all  $1 \leq i < j \leq k$ ,  $E(S_i, \overline{S_i}) \cap E(S_j, \overline{S_j}) = \emptyset$ , then*

$$\text{Reff}(s, t) \geq \sum_{i=1}^k \frac{1}{\sum_{e \in E(S_i, \overline{S_i})} w(e)}.$$

*Proof.* Suppose  $x$  sends one unit of flow from  $s$  to  $t$ . We lower bound  $\mathcal{E}(x)$  with the expression in the RHS. Since the cuts corresponding to  $S_1, \dots, S_k$  are disjoint, we can write

$$\mathcal{E}(x) \geq \sum_{i=1}^k \sum_{e \in E(S_i, \overline{S_i})} \frac{x^2(e)}{w(e)}.$$

Therefore, it is enough to show that for each  $1 \leq i \leq k$ ,

$$\sum_{e \in E(S_i, \overline{S_i})} \frac{x(e)^2}{w(e)} \geq \frac{1}{\sum_{e \in E(S_i, \overline{S_i})} w(e)}. \quad (12.3)$$

Since  $(S_i, \overline{S_i})$  separates  $s, t$ ,  $\sum_{e \in E(S_i, \overline{S_i})} |x(e)| \geq 1$ . Therefore, by Cauchy-Schwarz inequality,

$$\begin{aligned} 1 &\leq \left( \sum_{e \in E(S_i, \overline{S_i})} \frac{|x(e)|}{\sqrt{w(e)}} \cdot \sqrt{w(e)} \right)^2 \\ &\leq \left( \sum_{e \in E(S_i, \overline{S_i})} \frac{x(e)^2}{w(e)} \right) \cdot \left( \sum_{e \in E(S_i, \overline{S_i})} w(e) \right). \end{aligned}$$

This proves (12.3) and completes the proof of the lemma.  $\square$

As a simple application of the above lemma we can show that in a  $\sqrt{n} \times \sqrt{n}$  grid there is a pair of vertices  $s, t$  such that  $\text{Reff}(s, t) \geq \Omega(\log(n))$ .

Next, we discuss methods for upper bounding the effective resistance between a pair of vertices  $s, t$ . Note that to upper bound the effective resistance it is enough to construct a feasible flow that sends one unit of flow from  $s$  to  $t$ , then the energy of the flow will give an upper bound on  $\text{Reff}(s, t)$ .

For example, suppose there are  $k$  edge disjoint paths each of length at most  $\ell$  from  $s$  to  $t$ . Then we can construct  $x$  by sending  $1/k$  amount of flow on each path and

$$\mathcal{E}(x) \leq \sum_{i=1}^k \sum_{e \in P_i} x(e)^2 = \sum_{i=1}^k \sum_{e \in P_i} \frac{1}{k^2} \leq \frac{k\ell}{k^2}.$$

Unfortunately, we may not be able to find many edge disjoint paths between  $s, t$  even though  $\text{Reff}(s, t)$  is small. For example, in a  $k$ -dimensional hypercube there are at most  $k$  edge disjoint paths between each pair of vertices because the degree of each vertex is  $k$ . But because the length of each path between  $s = 00 \dots 0$  and  $t = 11 \dots 1$  is at least  $k$ , the best upper bound that we can get is  $O(1)$ .

## 12.2 Hitting Time

Consider a simple random walk on a (weighted) graph  $G$ , that is at a given vertex  $u$  it goes to random neighbor  $v$  with probability proportional to  $w_{u,v}$ , i.e.,

$$\mathbb{P}[X_1 = v | X_0 = u] = \frac{w_{u,v}}{d_w(u)},$$

where  $d_w(u) = \sum_{v' \sim u} w_{u,v'}$  is the weighted degree of  $u$ . In this section we study the hitting time: for two vertices  $u, v \in V$ , we define the hitting time  $H_{u,v}$  from  $u$  to  $v$  as the expected number of steps for the random walk to hit  $v$  (for the first time) when started at  $u$ . Formally, define the random variable

$$T = \min\{t \geq 0 : X_t = v\}.$$

Then  $H_{u,v} = \mathbb{E}[T | X_0 = u]$ . Note that this quantity is not necessarily symmetric, i.e.,  $H_{u,v} \neq H_{v,u}$  in general.

**Lemma 12.5.** *Let  $b$  be the vector which injects  $d_w(u)$  unit at any vertex  $u$  and extracts  $d_w(V)$  at  $v$ , and let  $p$  be the corresponding potential vector. For any vertex  $u \neq v$ ,*

$$H_{u,v} = p(u) - p(v).$$

*Proof.* Fix a vertex  $v$ , and let  $h : V \rightarrow \mathbb{R}_{\geq 0}$  be the hitting time vector. Then, for any  $u \neq v$ , we can write the following system of linear equations for the Hitting time:

$$h(u) = 1 + \sum_{u'} \frac{w_{u,u'}}{d_w(u)} h(u')$$

Equivalently,

$$d_w(u) = \sum_{u'} w_{u,u'} (h(u) - h(u')) = L_G h(u)$$

Adding up the above equalities for  $u \neq v$  we obtain,

$$d_w(V) - d_w(v) = \sum_{u'} w_{u',v} (-h(v) + h(u')),$$

i.e., the constraint for  $v$  is redundant.

Now, if we consider the demand vector  $b = d_w - \mathbf{1}_v d_w(V)$ , i.e., we inject  $d_w(u)$  at any vertex  $u \in V$  and we extract all the flow at  $v$  and solve for  $p$  then  $p$  exactly satisfies all of the above equations:

$$L_G p = b$$

As alluded to before these equations have a unique solution (when the graph is connected) up to a shift, i.e., if  $h$  is a solution then so is  $h + \alpha \mathbf{1}$  for any  $\alpha \in \mathbb{R}$ . So, we add one extra constraint that  $h(v) = 0$ . Equivalently,  $p(u) - p(v) = h(v) - h(u) = h(v)$  as desired.  $\square$

## 12.3 Commute Time

Given a pair of vertices  $u, v$ , the commute time  $C_{u,v}$  is defined as:

$$C_{u,v} := H_{u,v} + H_{v,u}.$$

**Theorem 12.6** (Commutate Time). *For any weighted graph  $G = (V, E)$  and any pair of vertices  $u, v$ ,*

$$C_{u,v} = \text{Reff}(u, v)d_w(V).$$

*Proof.* We build on the proof of [Theorem 12.6](#). We consider 3 different demand vectors:

- Let  $b^A$  be the demand vector that injects  $d_w(x)$  at any vertex  $x$  and extracts  $d_w(V)$  at  $v$ .
- Let  $b^B$  be the demand vector that injects  $d_w(V)$  at  $u$  and extracts  $d_w(x)$  at any vertex  $x$ .
- Let  $b^C = b^A + b^B$ . In particular,  $b^C$  injects  $d_w(V)$  at  $u$  and extracts it at  $v$ .

By, [Theorem 12.6](#),

$$H_{u,v} = p_{b^A}(u) - p_{b^A}(v).$$

By symmetry,

$$H_{v,u} = -(p_{b^B}(v) - p_{b^B}(u))$$

So,

$$C_{u,v} = p_{b^A}(u) + p_{b^B}(u) - (p_{b^A}(v) + p_{b^B}(v)) = p_{b^C}(u) - p_{b^C}(v).$$

Most importantly, in the second equality we used that  $p$  can be obtained by solving a linear system involving the same matrix  $L_G^\dagger$ .

But by definition of effective resistance

$$p_{b^C}(u) - p_{b^C}(v) = d_w(V)(p_{b_{u,v}}(u) - p_{b_{u,v}}(v)) = d_w(V)\text{Reff}(u, v).$$

□

As an application, we can use ?? to give another proof of [Lemma 12.1](#). Say for a triple of vertices  $s, t, u$  we want to show

$$\text{Reff}(s, t) + \text{Reff}(t, u) \geq \text{Reff}(s, u)$$

By ?? this is equivalent to

$$C(s, t) + C(t, u) \geq C(s, u).$$

Now, by the definition of expected Hitting time this is equivalent to

$$H(s, t) + H(t, s) + H(t, u) + H(u, t) \geq H(s, u) + H(u, s).$$

Rearranging the terms we need to show

$$(H(s, t) + H(t, u)) + (H(u, t) + H(t, s)) \geq H(s, u) + H(u, s).$$

But, for an triple of vertices  $s, t, u$  we have

$$H(s, t) + H(t, u) \geq H(s, u).$$

The expected number of steps to go from  $s$  to  $u$  is smaller than the expected number of steps to go from  $s$  to  $u$  while visiting  $t$  along the way.

## 12.4 Cover Time

The cover time of  $G = (V, E, w)$  starting from  $u$  is the quantity  $cov_u(G)$  which is the expected number of steps needed to visit **every** vertex of  $G$  started at  $u$ . Again, we can define this formally: Let

$$T = \min\{t \geq 0 : \{X_0, X_1, \dots, X_t\} = V\}.$$

Then,

$$cov_u(G) = \mathbb{E}[T | X_0 = u].$$

Finally, we define the cover time of  $G$  as  $cov(G) = \max_{u \in V} cov_u(G)$ .

We can now use [Theorem 12.6](#) to give a universal upper bound on the cover time of any graph.

**Theorem 12.7** (Cover Time). *For any unweighted connected graph  $G = (V, E, w)$ , we have  $cov(G) \leq 2|E|(|V| - 1)$ .*

*Proof.* Fix a spanning tree  $T$  of  $G$ . Then we have

$$cov(G) \leq \sum_{\{x,y\} \in T} C_{x,y}.$$

The right-hand side can be interpreted as a very particular way of covering the graph  $G$ : First, given the tree  $T$ , we can turn it into a TSP tour by visiting every edge twice, we start at some node  $x_0$  and "walk" around the edges of the  $T$  in order  $x_0, x_1, x_2, \dots, x_{2(n-1)}$ . In such a case the expected time from  $x_0$  to get to  $x_1$ , is  $H_{x_0, x_1}$ , and similarly to cover  $G$  it takes at most,

$$\sum_{i=0}^{2(n-1)} H_{x_i, x_{i+1}} = \sum_{\{x,y\} \in T} C_{x,y}.$$

Note that this is just one particular way to visit every node of  $G$ , so it gives an upper bound on the cover time. Finally, we note that if  $\{x, y\}$  is an edge of the graph, then by [Theorem 12.6](#) we have  $C_{xy} = 2|E|\text{Reff}(x, y) \leq 2|E|$ . Here we use the fact that for every edge  $\{x, y\}$  of  $G$ , the effective resistance is at most the resistance of the edge connecting  $x$  to  $y$ . A candidate flow is just send one unit of flow directly from  $x$  to  $y$  on the edge.  $\square$

## 12.5 Examples of Cover Time

First observe that if  $G$  is a  $d$  regular graph by a direct application of [Theorem 12.7](#),

$$cov(G) \leq dn(n-1).$$

**The path** Consider first  $G$  to be the path on vertices  $\{0, 1, \dots, n\}$ . Then

$$H_{0,n} + H_{n,0} = C_{0,n} = 2n\text{Reff}(0, n) = 2n^2.$$

Since  $H_{0,n} = H_{n,0}$  by symmetry, we conclude that  $H_{0,n} = n^2$ . Note that [Theorem 12.7](#) implies that  $cov(G) \leq 2n^2$ , and clearly  $cov(G) \geq H_{0,n} = n^2$ , so the upper bound is off by at most a factor of 2.

**The lollipop.** Consider next the "lollipop graph" which is a path of length  $n/2$  from  $u$  to  $v$  with an  $n/2$  clique attached to  $v$ . We have

$$H_{u,v} + H_{v,u} = C_{u,v} = \Theta(n^2)\text{Reff}(u,v) = \Theta(n^3).$$

On the other hand, we have already seen that  $H_{u,v} = \Theta(n^2)$ . We conclude that  $H_{v,u} = \Theta(n^3)$ , hence  $\text{cov}(G) = \Omega(n^3)$ . Again, the bound of [Theorem 12.7](#) is  $\text{cov}(G) \leq O(n^3)$ , so it's tight up to a constant factor here as well.

**The complete graph.** Finally, consider the complete graph  $G$  on  $n$  nodes. In this case, [Theorem 12.7](#) gives  $\text{cov}(G) \leq O(n^3)$  which is way off from the actual value  $\text{cov}(G) = \Theta(n \log n)$  (since this is just the coupon collector problem).

## 12.6 Mathews Bound

**Theorem 12.8** (Mathews Bound). *If  $G = (V, E)$  is an unweighted connected graph and  $R_{\max} := \max_{x,y \in V} \text{Reff}(x,y)$  is the maximum pairwise effective resistance in  $G$ , then*

$$|E|R_{\max} \leq \text{cov}(G) \leq O(\log n)|E|R_{\max}.$$

*Proof.* One direction is straightforward:

$$\text{cov}(G) \geq \max H_{u,v} \geq \frac{1}{2} \max_{u,v} C_{u,v} \geq \frac{1}{2} |E| \max \text{Reff}(u,v) = |E|R_{\max}.$$

For the other direction, we will examine a random walk of length  $2c|E|R_{\max} \log n$  divided into  $\log n$  epochs of length  $2c|E|R_{\max}$ . Note that for any vertex  $v$  and any epoch  $i$ , we have

$$\mathbb{P}[v \text{ unvisited in epoch } i] \leq \frac{1}{c}.$$

This is because no matter what vertex is the first of epoch  $i$ , we know that the hitting time to  $v$  is at most  $\max_u H_{u,v} \leq \max_u C_{u,v} = 2|E|R_{\max}$ . Now Markov's inequality tells us that the probability it takes more than  $2c|E|R_{\max}$  steps to hit  $v$  is at most  $1/c$ . Therefore, the probability that we don't visit  $v$  in any epoch is at most  $c^{-\log n} \leq n^{-\log c}$ , and by a union bound, the probability that there is some vertex left unvisited after all the epochs is at most  $n^{1-\log c}$ . We conclude that

$$\text{cov}(G) \leq 2c|E|R_{\max} \log n + n^{1-\log c} n^3$$

where we have used the weak upper bound on the cover time provided by [Theorem 12.7](#). Choosing  $c$  to be a large enough constant makes the second term negligible, yielding

$$\text{cov}(G) \leq O(|E|R_{\max} \log n),$$

as desired. □