## **Contextual Inquiry Plan**

Memorable is an entertainment tool facilitated by caregivers for people with dementia

## **Caretaker Questions:**

- 1. Describe your daily routine and experience working with people with dementia.
- 2. Ratio of caretakers to patients
- 3. What is your knowledge on reminiscence therapy?
- 4. Did you facilitate any activities? What kinds of activities do you coordinate for people with dementia?
  - a. Individual vs. group activities
  - b. How do you choose activities?
  - c. How much time do you spend on activities?
  - d. How do you tailor activities to individual needs?
- 5. How do you track patient mood/progress/emotional state
- 6. Information exchange between family member and caretaker
  - a. How often do the family member and caretakers communicate (in-person, phone, email, etc.)
  - b. What types of information are family members concerned with knowing?
    - i. what do they usually ask/concerned about?
    - ii. how concerned are they about dementia worsening? What kind of information would you want to relay to a family member
  - c. When and how would you relay this information?
  - d. What do you think is missing or lacking in this information exchange?
- 7. Do you have suggestions for activities/mental stimulation for these residents?
  - a. What kind of content would these residents like to see in a puzzle game/music player? (personal content vs. generic content)
  - b. What are your thoughts on having older adults playing with puzzles with pictures of faces they might not remember?
  - c. Any ideas other than music and puzzles?
- 8. What are your thoughts on the caretaker inputting data versus families inputting data?
  - a. How do we balance data input with other responsibilities?
  - b. Would interaction with the app only occur real time (in other words, while the resident is playing games/music)
- 9. How long do patients use technology or do activities in one sitting?
- 10. Concerns with using technology
  - a. Elderly understandings of music (play, pause, next, back) buttons?

## **Family Member Questions:**

- 1. Ask about parents
  - a. background
  - b. extent of memory
  - c. difficulties you faced
  - d. difficulties parents faced
  - e. what kinds of exercises or stimulation did your parents do/you tried to do
  - f. how are you involved with your grandparents' enrichment activities?
- 2. Ask about information exchange
  - a. What is your knowledge on reminiscence therapy?
  - b. what/how/how often did you hear about your parents
  - c. how often did you visit or talk to your parents?
  - d. how often did you interact with caretakers?
  - e. what info were you most curious about?
  - f. what kind of info do you get?
  - g. would you be willing to upload photos?
  - h. did you currently use any technologies to communicate information to your parent or the caretaker?
  - i. do you have any interaction with the caretaker? what would you like to know from the caretaker (non-medical)?
  - j. what would you like to know? (e.g. activities, mood)
  - k. how would you like to know this information (email, text, phone, etc.)?
  - I. what do you think is missing or lacking in this information exchange?
- 3. Do you have suggestions for activities/mental stimulation for these residents?
  - a. what kind of content would these residents like to see in a puzzle game/music player? (personal content vs. generic content)
  - b. What are your thoughts on having older adults playing with puzzles with pictures of faces they might not remember?
  - c. Thoughts on putting pressure on people with dementia?
- 4. Thoughts on caretaker inputting data vs. families inputting data?
  - a. How do we balance data input with other responsibilities?
  - b. Would interaction with the app only occur real time (in other words, while the resident is playing games/music)
- 5. What advice do you have for technology?
  - a. What tech does parent use?
  - b. Is he/she familiar with current music buttons?
- 6. Overall advice?
  - a. Do you have suggestions for features?

## **Researcher Questions:**

- 1. Can you explain your research and the work you are doing with technology and activity engagement for dementia patients?
  - a. Elaborate on findings from interviews with family members and staff
    - i. Observations from CIs in elderly care home
- 2. Mix of caretaker and patient interaction with the app
  - a. concerns with touch screen and web app?
  - b. thoughts on caretaker inputting data vs. families inputting data?
    - i. what has she seen on this topic?
- 3. How does she feel about caregivers choosing technology over other activities?
- 4. What kind of information do you know is shared between caregivers and families?
- 5. How do we balance data input with other responsibilities?
- 6. What do you think families hope to see?
- 7. Suggestions for care homes to approach for CI and participatory design
- 8. Feature suggestions
- 9. Information exchange between family member and caretaker
  - a. how often do the family member and caretakers communicate (in-person, phone, email, etc.)
  - b. what kind of information do families want to know from caretakers
  - c. what kind of information do caretakers relay to family members?
  - d. what do you think is missing or lacking in this information exchange?