

# Wishing Well

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# Presentation Overview



# Key Terms

## **Mental wellness**

Self-driven, differs from mental health

## **Checking in**

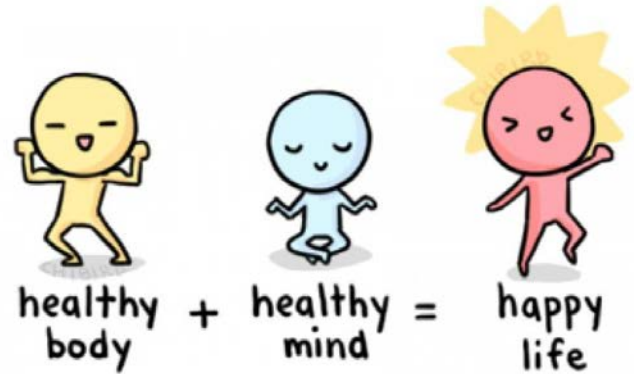
Monitoring personal and peer mental wellness

## **Reaching out**

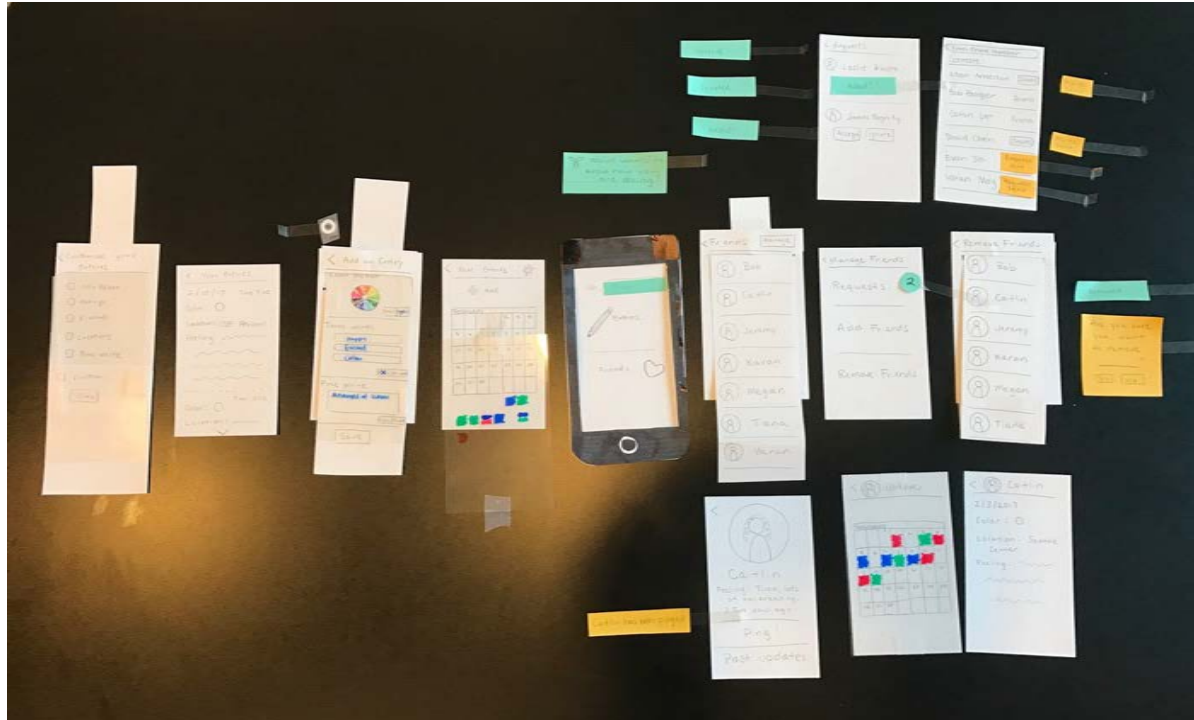
Asking for extra support from people around you

# Problem: Motivating Conscious Reflection & Interaction

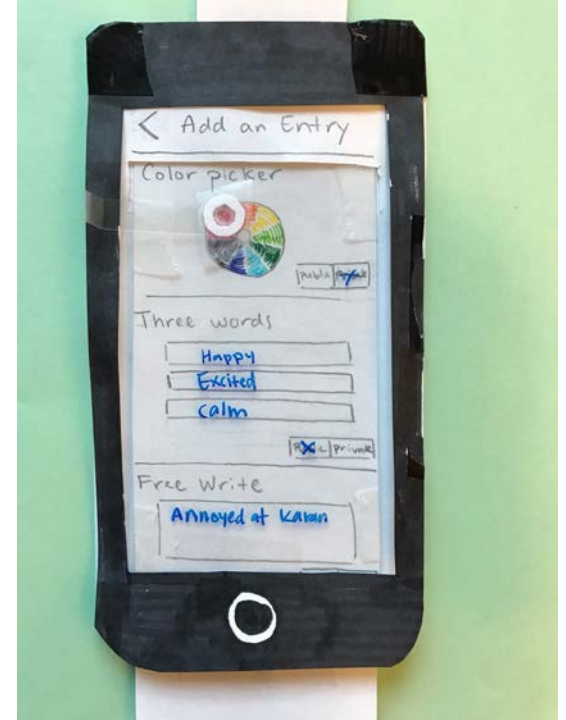
- Reflection:
  - Difficult to perform conscious self reflection on a regular basis
- Interaction:
  - Difficult to check in with friends in a meaningful way through social media



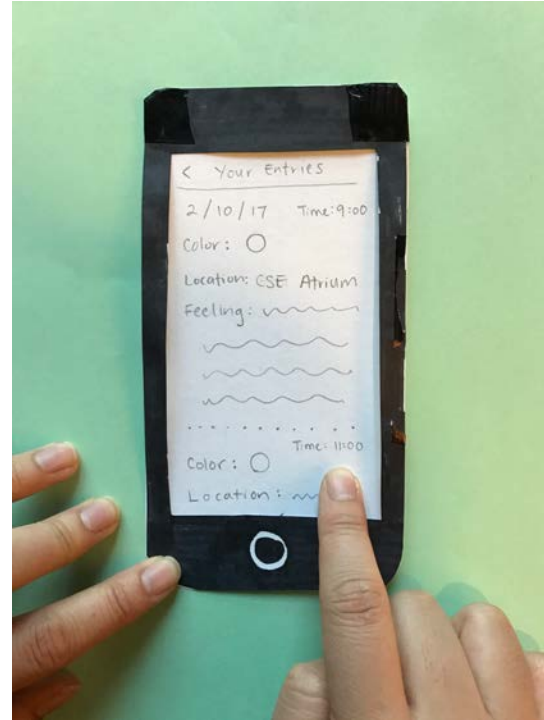
# Initial Paper Prototype



# Initial Paper Prototype: Creating Content



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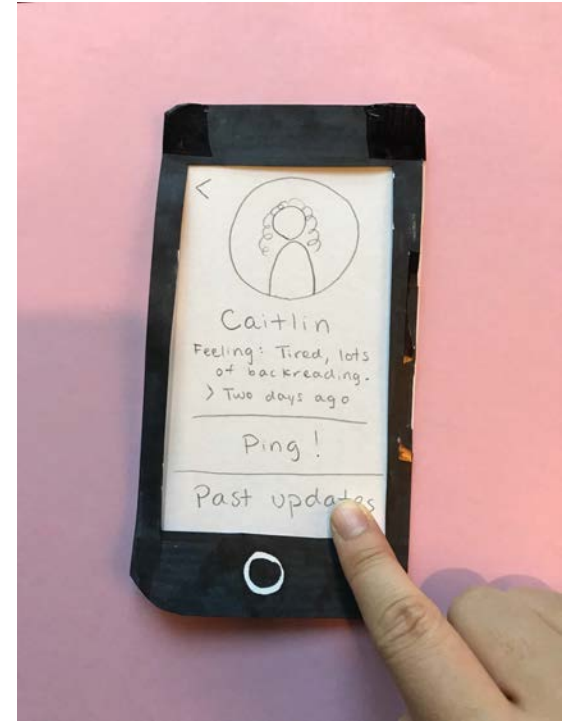


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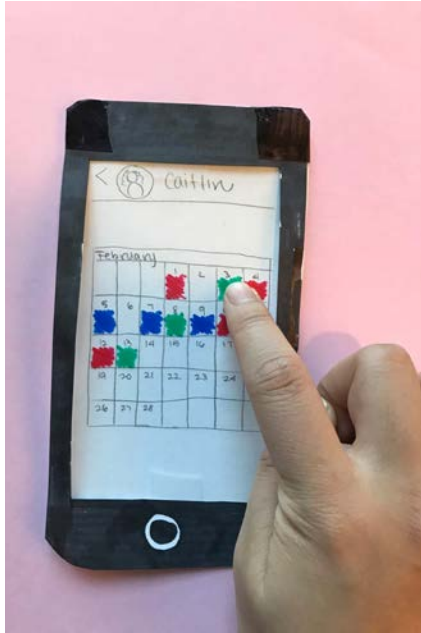




# Initial Paper Prototype: Interacting with Content



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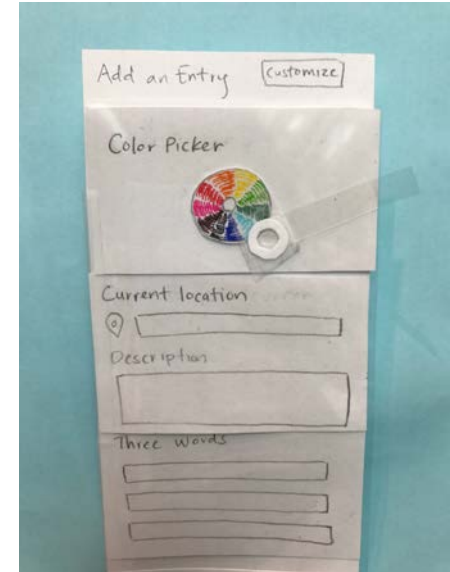


# Testing Process

- 2 heuristic evaluations
- 3 usability tests

# Testing Results

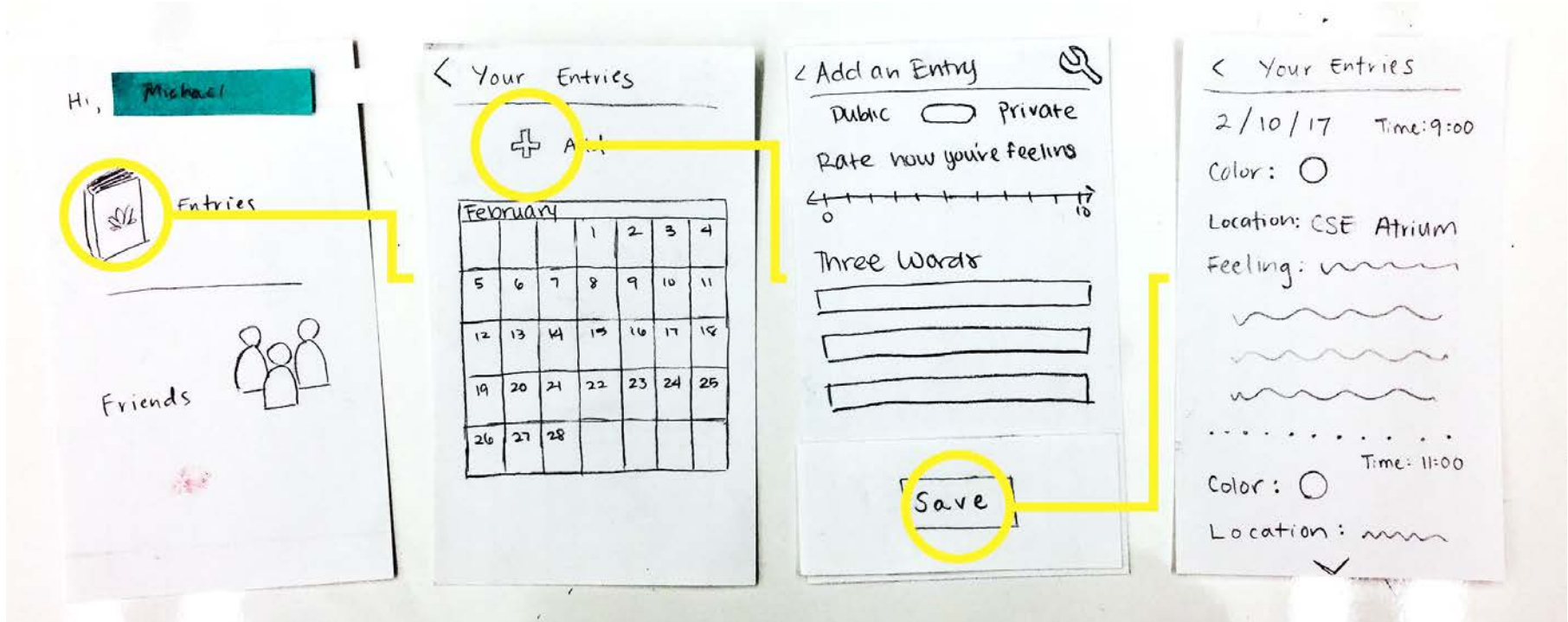
- Heuristic Evaluations
  - Unintuitive navigation
  - Lack of onboarding
- Usability Tests
  - Unused customization feature
  - Confusing “knock” interaction
  - Ineffective homepage



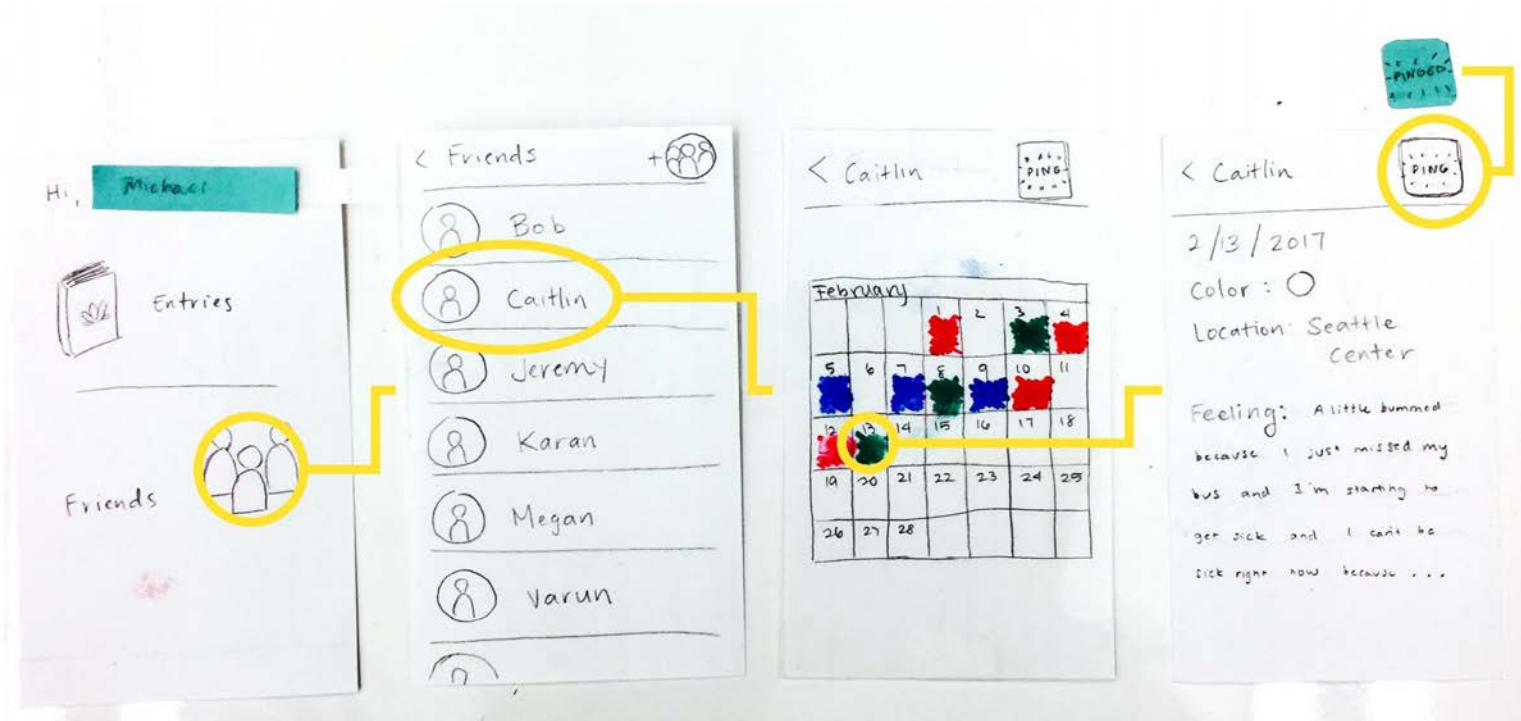
# Final Paper Prototype



# Final Paper Prototype: Creating Content

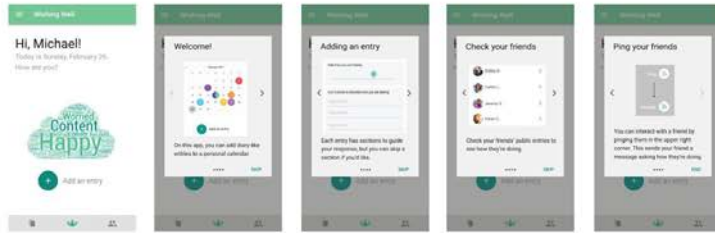


# Final Paper Prototype: Interaction with Content

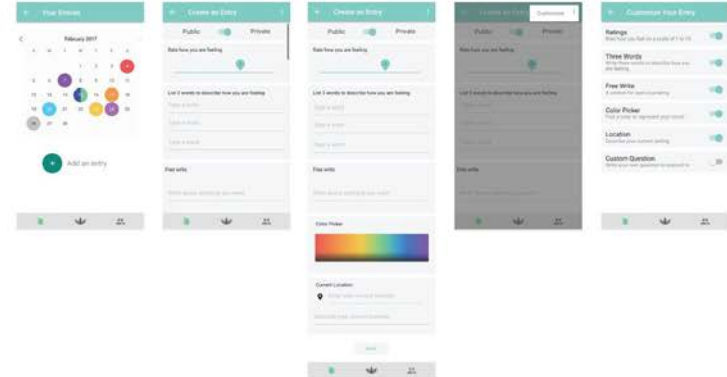


# Digital Mockup

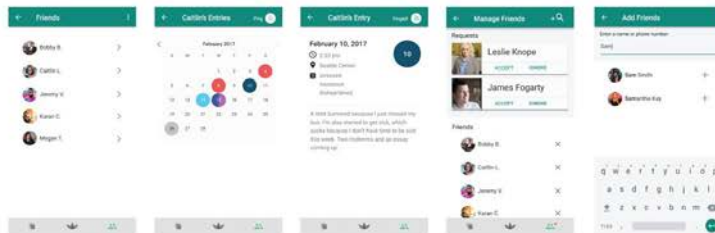
## Home Screen and Tutorial



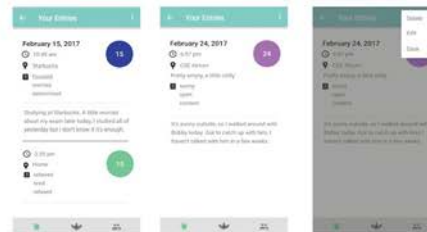
## Adding Entries



## Viewing and Managing Friends

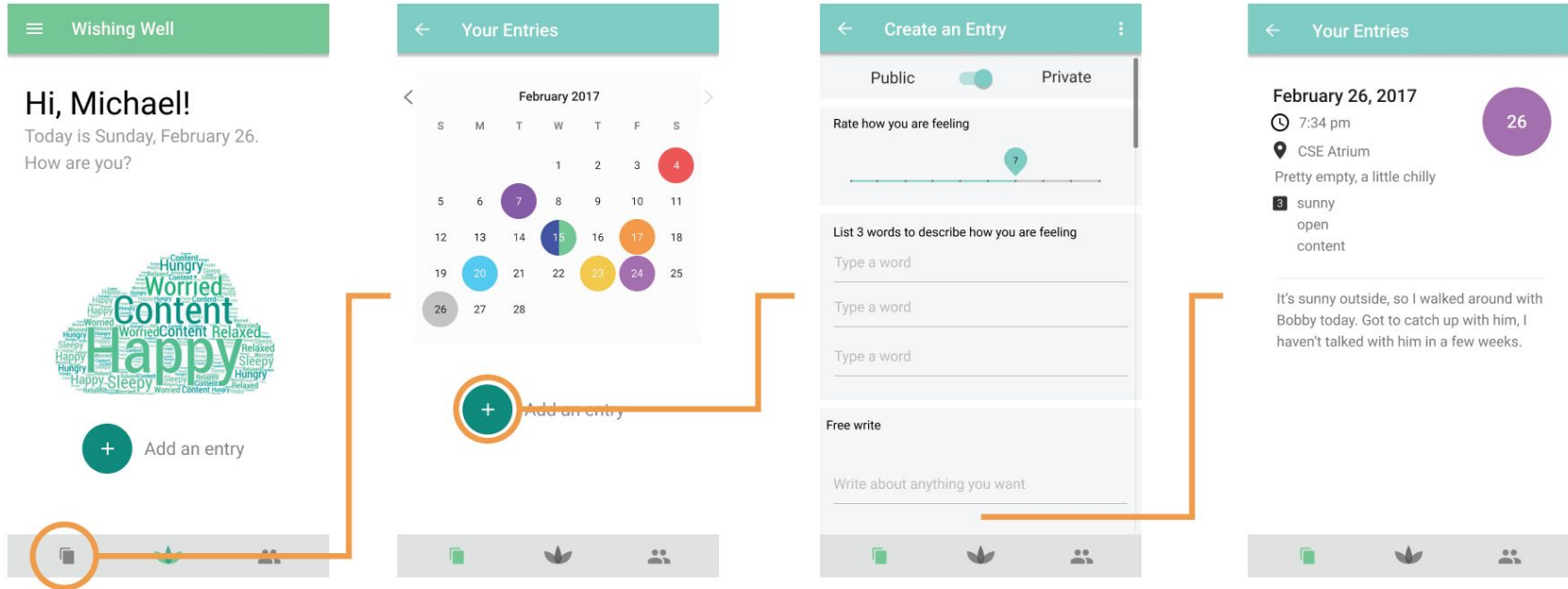


## Viewing Your Entries

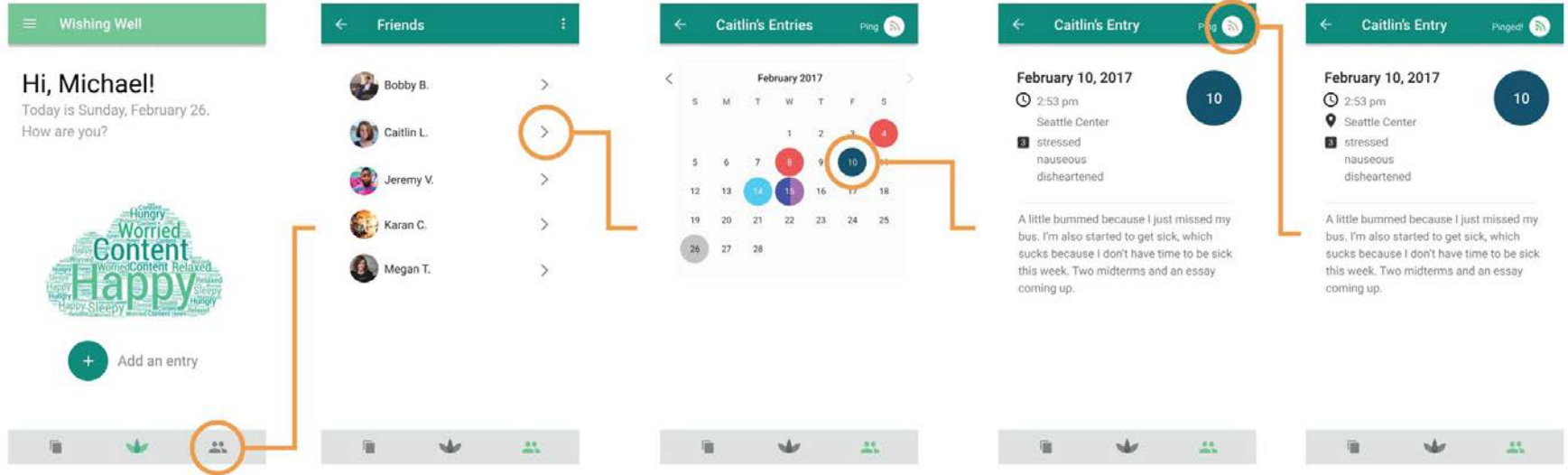




# Digital Mockup: Creating Content

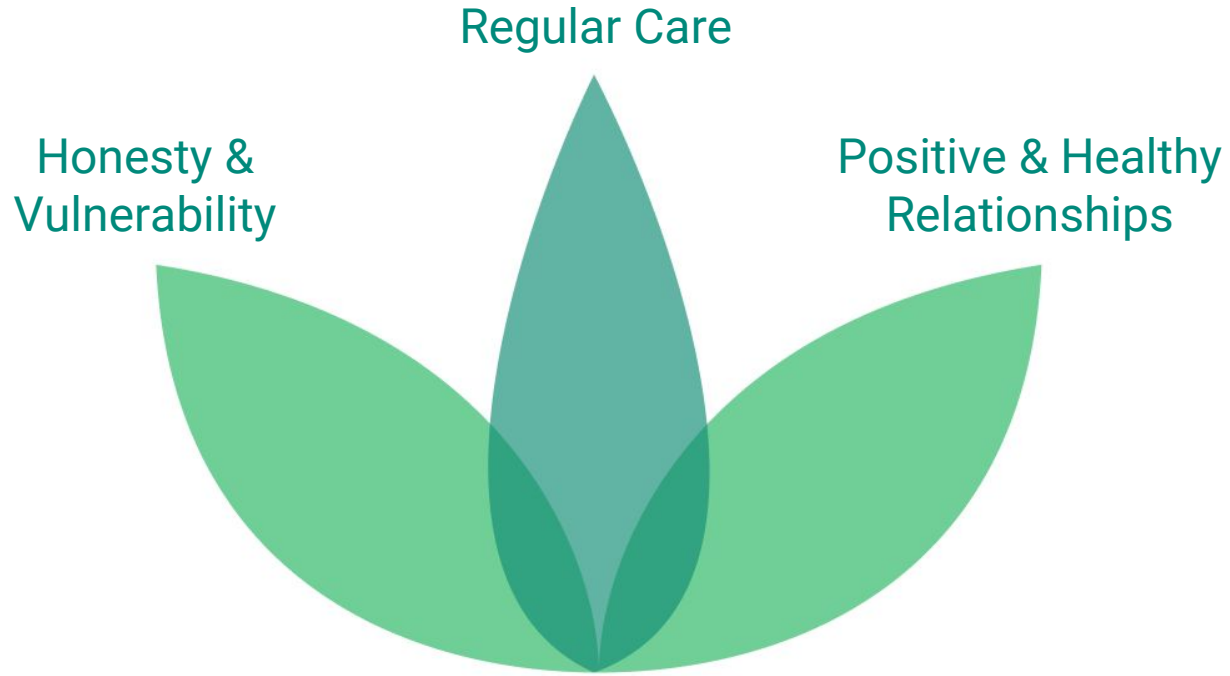


# Digital Mockup: Interacting with Content



# Summary

- Onboarding the user efficiently
- Maintaining balance between personal reflection and peer interaction
- Conveying the correct interaction of checking in on friends
- Emphasizing creating entries over customization of entries



Wishing Well

# Hi, Michael!

Today is Sunday, February 26.

How are you?



Add an entry



## Welcome!



Add an entry

On this app, you can add diary-like entries to a personal calendar.



SKIP

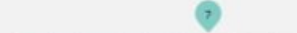


Add an entry



## Adding an entry

Rate how you are feeling



List 3 words to describe how you are feeling

Type a word

Type a word

Type a word

Each entry has sections to guide your response, but you can skip a section if you'd like.

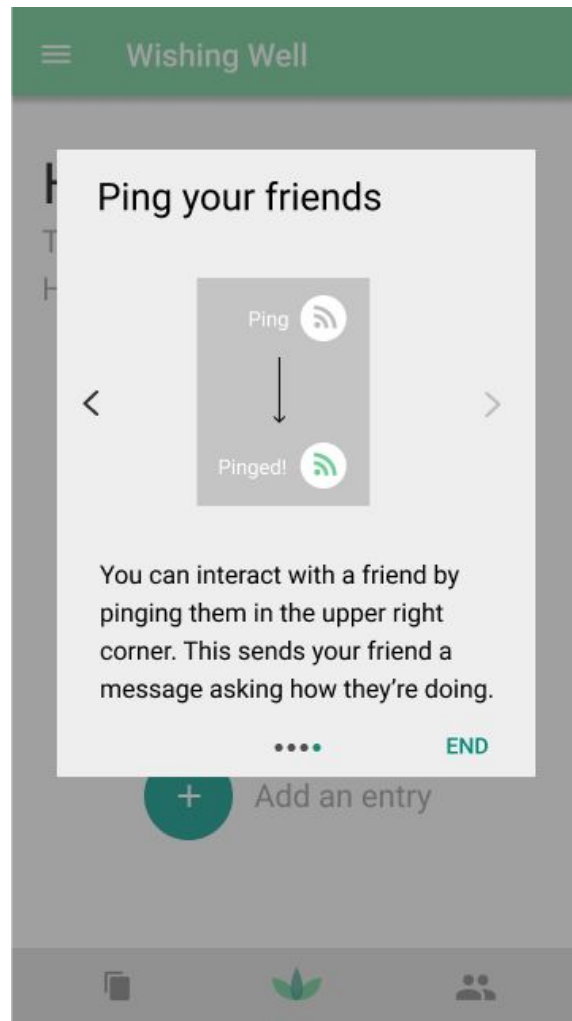
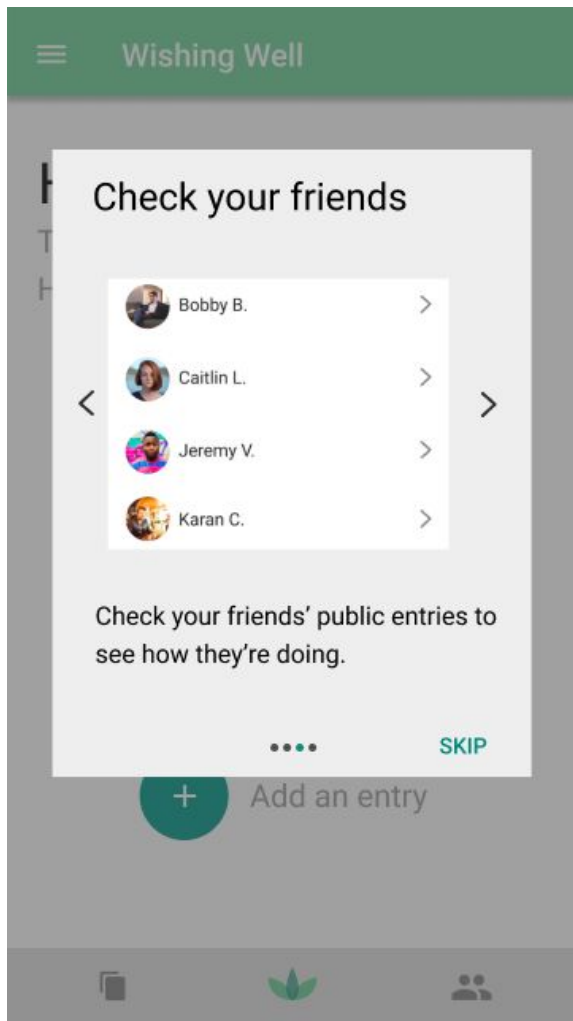


SKIP



Add an entry







+ Add an entry

Public  Private

Rate how you are feeling

7

List 3 words to describe how you are feeling

Type a word

Type a word

Type a word

Free write

Write about anything you want

Color Picker

Current Location

Enter your current location

Describe your current location

Save

Ratings

Rate how you feel on a scale of 1 to 10

Three Words

Write three words to describe how you are feeling

Free Write

A section for open journaling

Color Picker

Pick a color to represent your mood

Location

Describe your current setting

Custom Question

Write your own question to respond to

February 26, 2017

7:34 pm

CSE Atrium

26

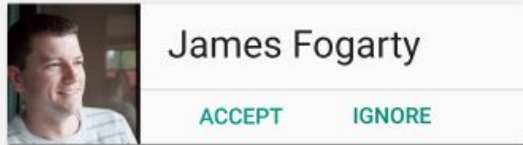
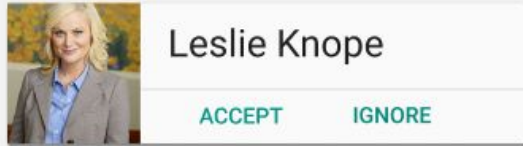
Pretty empty, a little chilly

3 sunny  
open  
content

It's sunny outside, so I walked around with Bobby today. Got to catch up with him, I haven't talked with him in a few weeks.



Requests



Friends



Enter a name or phone number:

Sam




1 2 3 4 5 6 7 8 9 0  
q w e r t y u i o p  
a s d f g h j k l  
↑ z x c v b n m ✕  
?123 , . ↩






## February 10, 2017



 2:53 pm


Seattle Center

-  3 stressed
- nauseous
- disheartened


A little bummed because I just missed my bus. I'm also started to get sick, which sucks because I don't have time to be sick this week. Two midterms and an essay coming up.

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