

they learn it and how do they track if they've learned what they need to? Many students turn to parents, peers, and pop culture to answer their questions [3]. This can lead to inaccurate, biased, and harmful thoughts about how human sexuality and their bodies work.

Many apps and software have set out to fix some of these problems with access to accurate information about sexual health and education; however, none have set out to fix more than one issue at a time. “My Sex Doctor” (seen in Fig. 2) is an app that lets the user browse articles about sexual education, but, per its name, it’s not very discreet [4]. Many menstruation tracking apps like “Clue” and “Eve” don’t necessarily sound like menstruation apps to allow the app to exist discreetly on a user’s phone, but when it comes to privacy in the sexual health and education market, there is only one notable option: “Real Talk”. This app suffers from juvenile design as it shows all content on the app as a messaging-type service meant to relate to teens, complete with off-brand emojis [5]. This pushes both teens and adults alike away from using the product. Surprisingly, no apps on the market have attempted to allow privacy by disabling internet services for the app. Many of these applications need the internet to load articles and maintain an internet history trail, which is an issue for many teens hoping to discretely access information. Some apps do not employ self-tracking features, allowing users to easily see which articles they have read and what to read. This would be especially helpful if used as a reading tool in association with a sexual education curriculum.



from using the product. Surprisingly, no apps on the market have attempted to allow privacy by allowing users to disable internet services for the app. Many of these applications need the internet to load articles, thus leaving an internet history trail, which is an issue for many teens hoping to discretely access information. These apps also do not employ self-tracking features, allowing users to easily see which articles they have read and what they have yet to read. This would be especially helpful if used as a reading tool in association with a sexual education class.

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