Wishing Well

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Presentation Overview

- Problem
- Paper Prototype
- Findings and Revisions
- Digital Mockup
Key Terms

Mental wellness: Self-driven, differs from mental health

Checking in: Monitoring personal and peer mental wellness

Reaching out: Asking for extra support from people around you
Problem: Motivating Conscious Reflection & Interaction

- **Reflection:**
  - Difficult to perform conscious self reflection on a regular basis

- **Interaction:**
  - Difficult to check in with friends in a meaningful way through social media
Initial Paper Prototype
Initial Paper Prototype: Creating Content
Initial Paper Prototype: Creating Content
Initial Paper Prototype: Creating Content
Initial Paper Prototype: Interacting with Content
Initial Paper Prototype: Interacting with Content
Testing Process

- 2 heuristic evaluations
- 3 usability tests
Testing Results

- **Heuristic Evaluations**
  - Unintuitive navigation
  - Lack of onboarding

- **Usability Tests**
  - Unused customization feature
  - Confusing “knock” interaction
  - Ineffective homepage
Final Paper Prototype
Final Paper Prototype: Creating Content
Final Paper Prototype: Interaction with Content
Hi, Michael!

Today is Sunday, February 26. How are you?

Add an entry

February 26, 2017
7:34 pm
CSE Atrium
Pretty empty, a little chilly
- sunny
open
content

It's sunny outside, so I walked around with Bobby today. Got to catch up with him. I haven't talked with him in a few weeks.
Summary

- Onboarding the user efficiently
- Maintaining balance between personal reflection and peer interaction
- Conveying the correct interaction of checking in on friends
- Emphasizing creating entries over customization of entries
Honesty & Vulnerability

Regular Care

Positive & Healthy Relationships

Wishing Well
Hi, Michael!

Today is Sunday, February 26.
How are you?

On this app, you can add diary-like entries to a personal calendar.

Adding an entry

Each entry has sections to guide your response, but you can skip a section if you’d like.
Check your friends

Check your friends’ public entries to see how they’re doing.

PING YOUR FRIENDS

You can interact with a friend by pinging them in the upper right corner. This sends your friend a message asking how they’re doing.
February 26, 2017
7:34 pm
CSE Atrium
Pretty empty, a little chilly

Free Write
A section for open journaling

Location
Describe your current setting

Custom Question
Write your own question to respond to

Current Location
Enter your current location

Describe your current location

February 26, 2017

It's sunny outside, so I walked around with Bobby today. Got to catch up with him, I haven't talked with him in a few weeks.
February 10, 2017
2:53 pm
Seattle Center
3 stressed nauseous disheartened

A little bummed because I just missed my bus. I’m also started to get sick, which sucks because I don’t have time to be sick this week. Two midterms and an essay coming up.