



ReJournal

Record Reflect Reach out

70%

of suicide victims
suffer from major

Depression

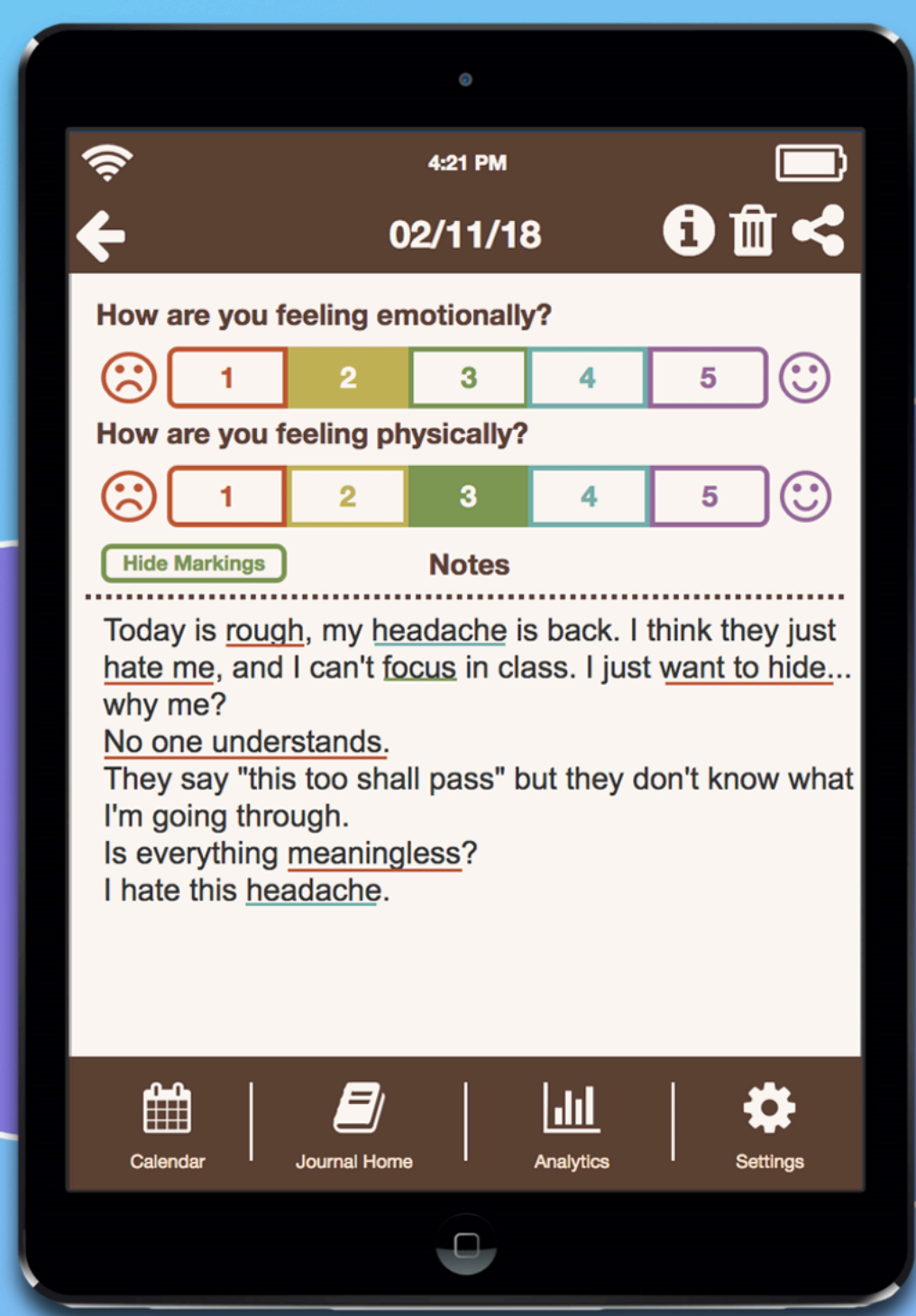
Problems

- Lack of clarity
- Difficulty with being proactive
- Social disconnection

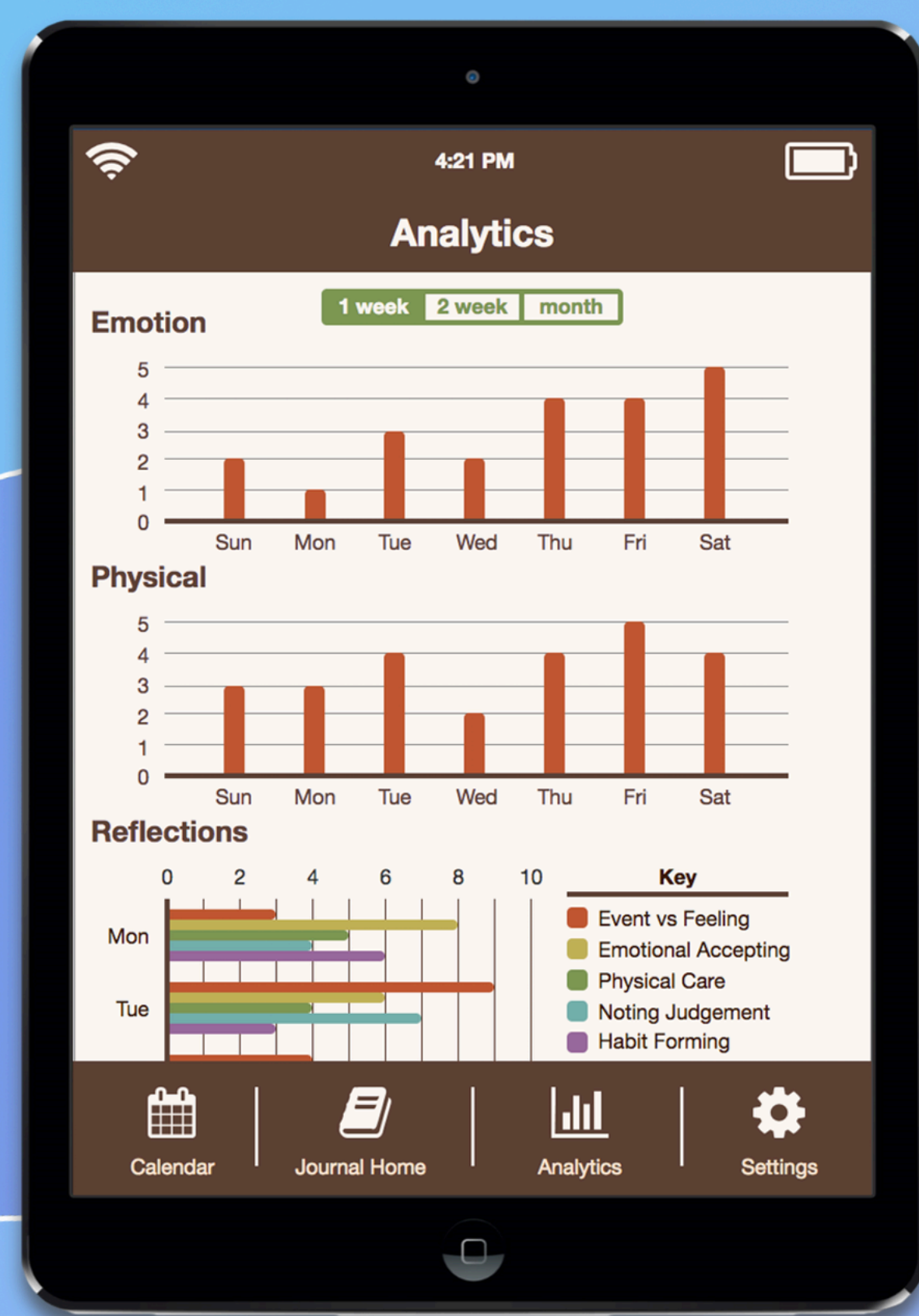
Solutions

- Reflection through journaling
- Outreach prompts
- Sharing features

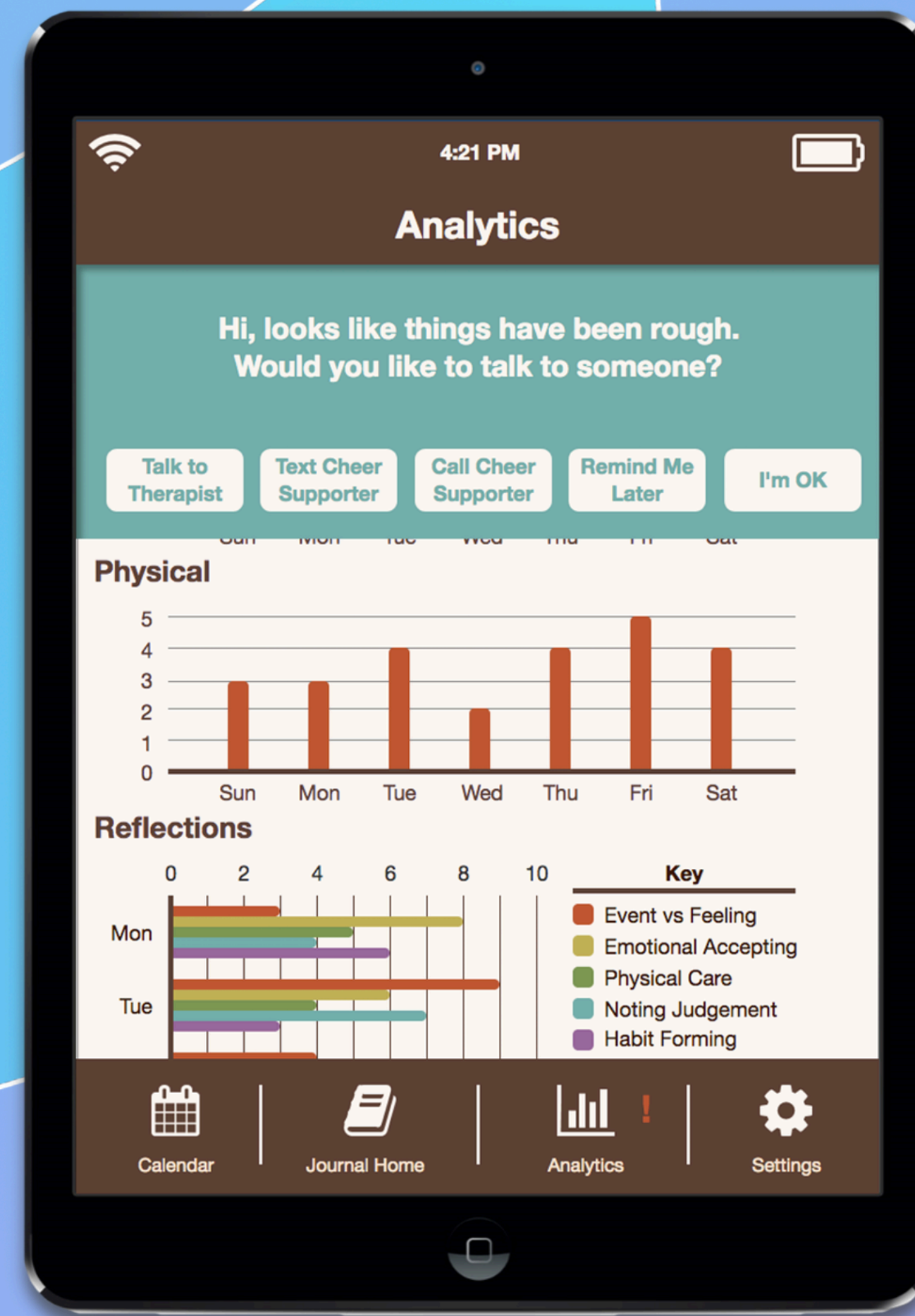
Design



Record

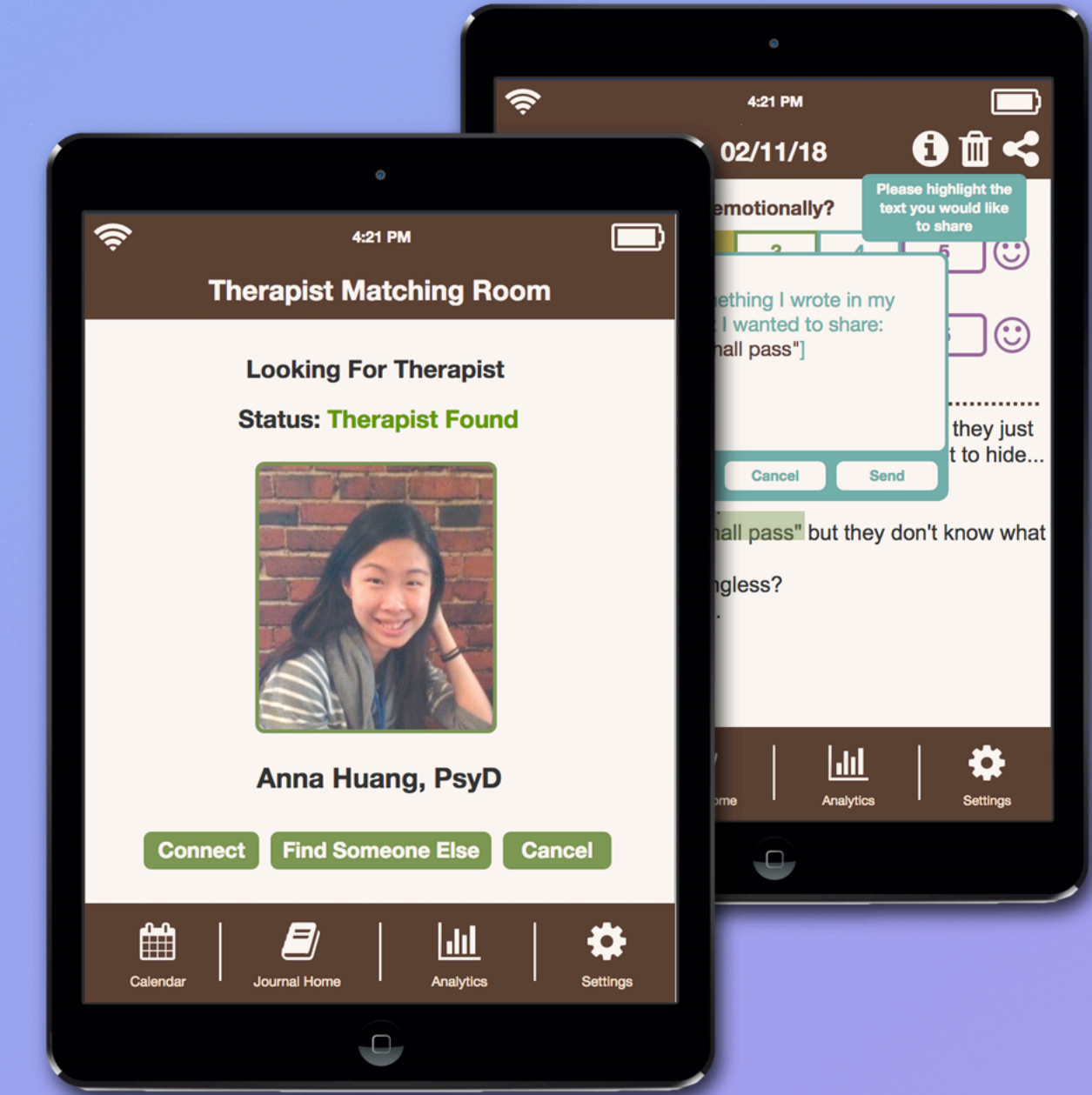


Reflect



Reach out

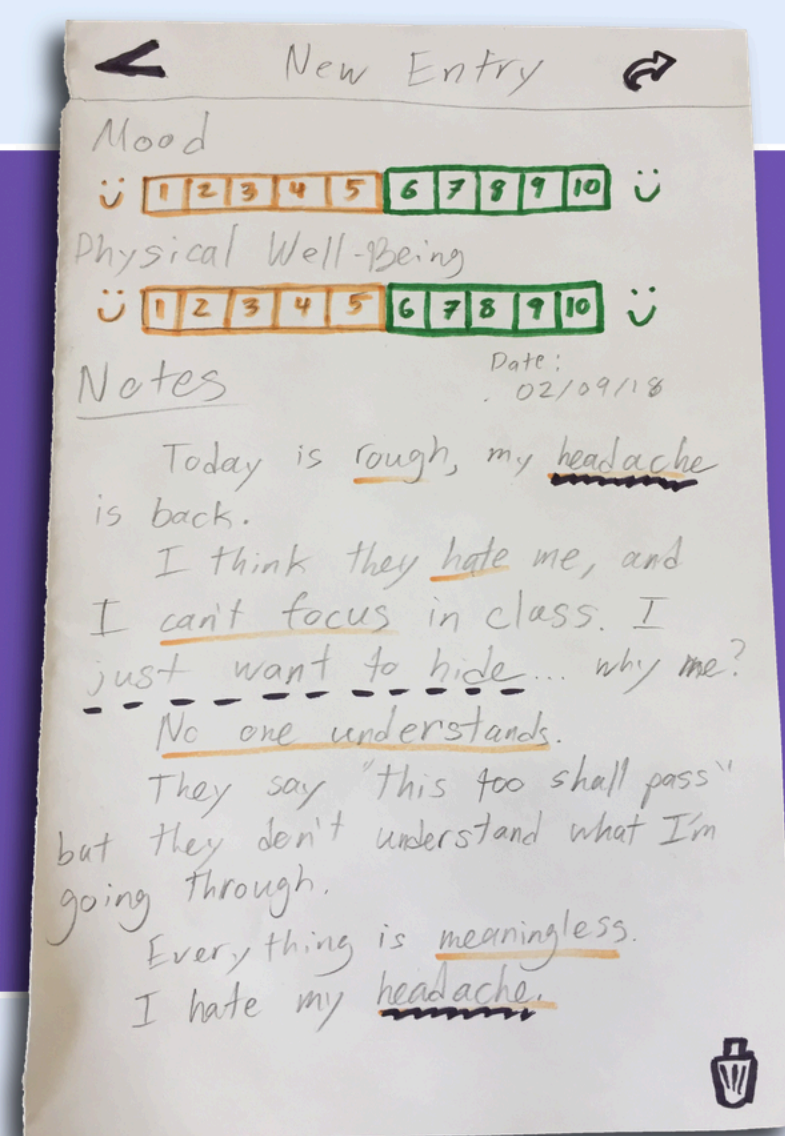
- Live therapist support
- Built-in share functions
- Mental & physical health tracking



Process

Users were given two tasks for testing

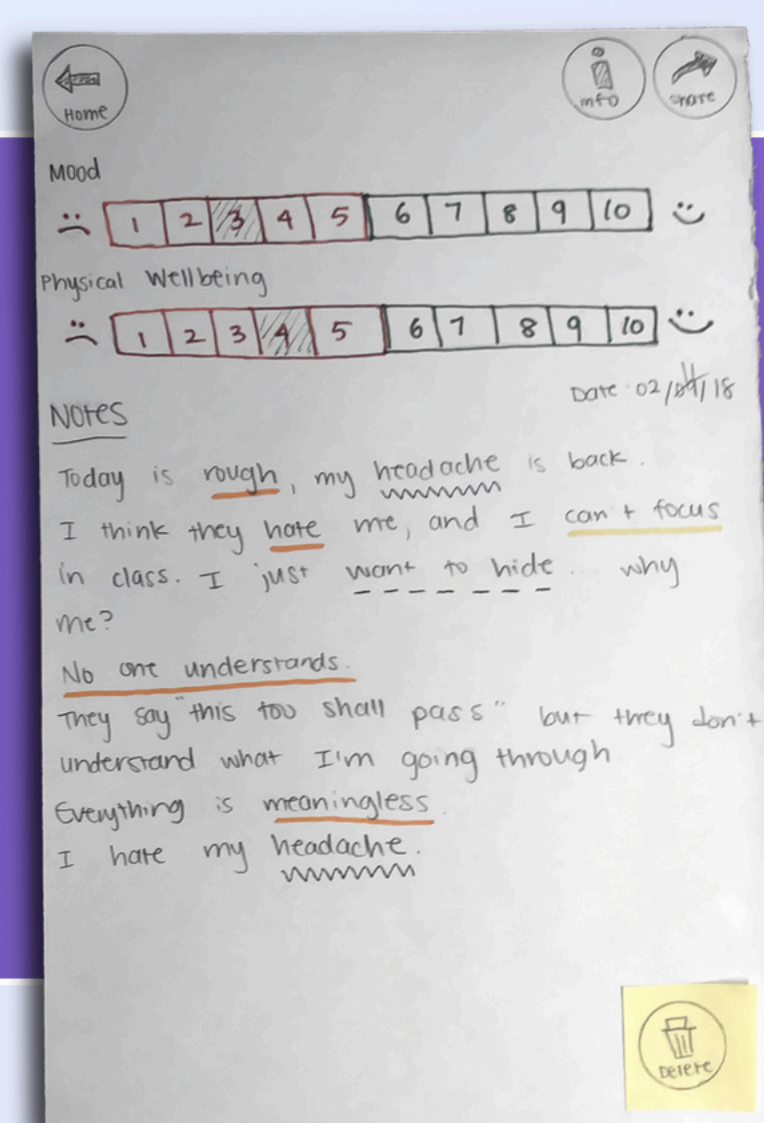
- to record an entry in their journal
- to share an entry with a supporter



Prototype v1

Hueristic Evaluation

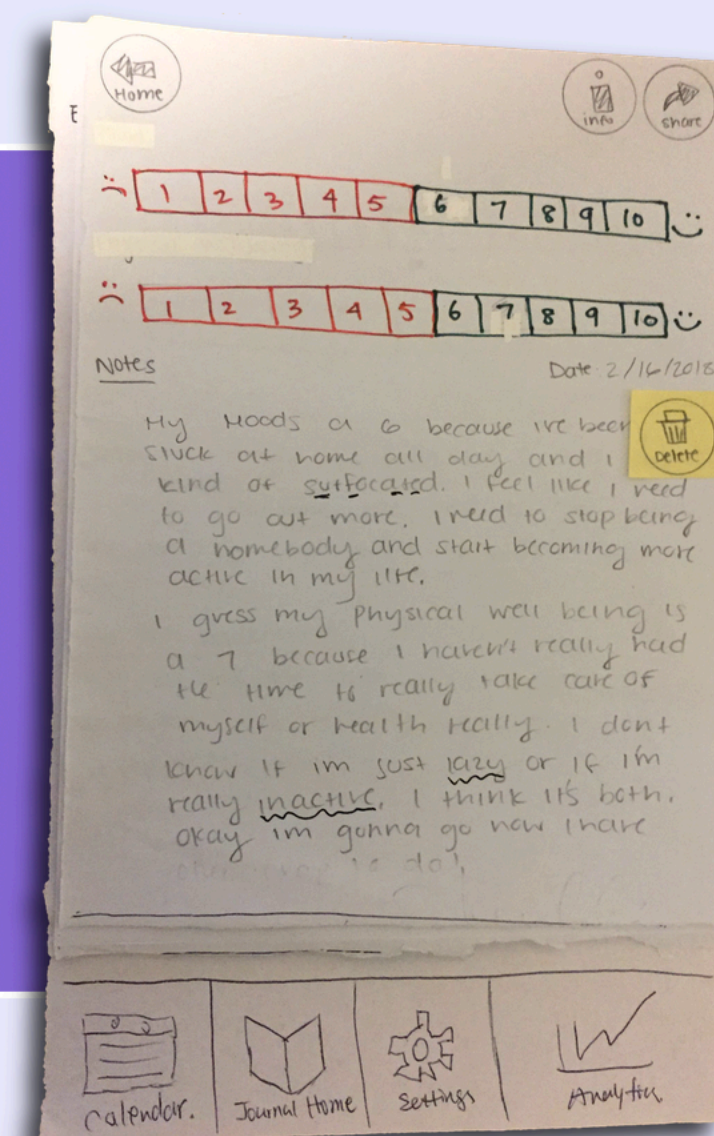
- Refined flow
- UI tweaks



Prototype v2

Usability Testing

- Calendar Tab
- Therapist



Final Prototype

