

Wishing Well

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Presentation Overview



Key Terms

Mental wellness

Self-driven, differs from mental health

Checking in

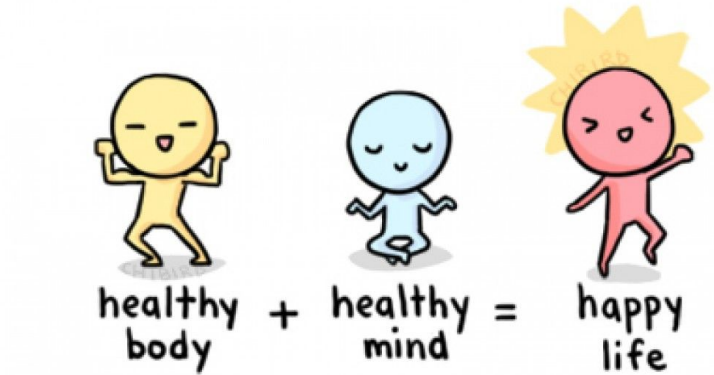
Monitoring personal and peer mental wellness

Reaching out

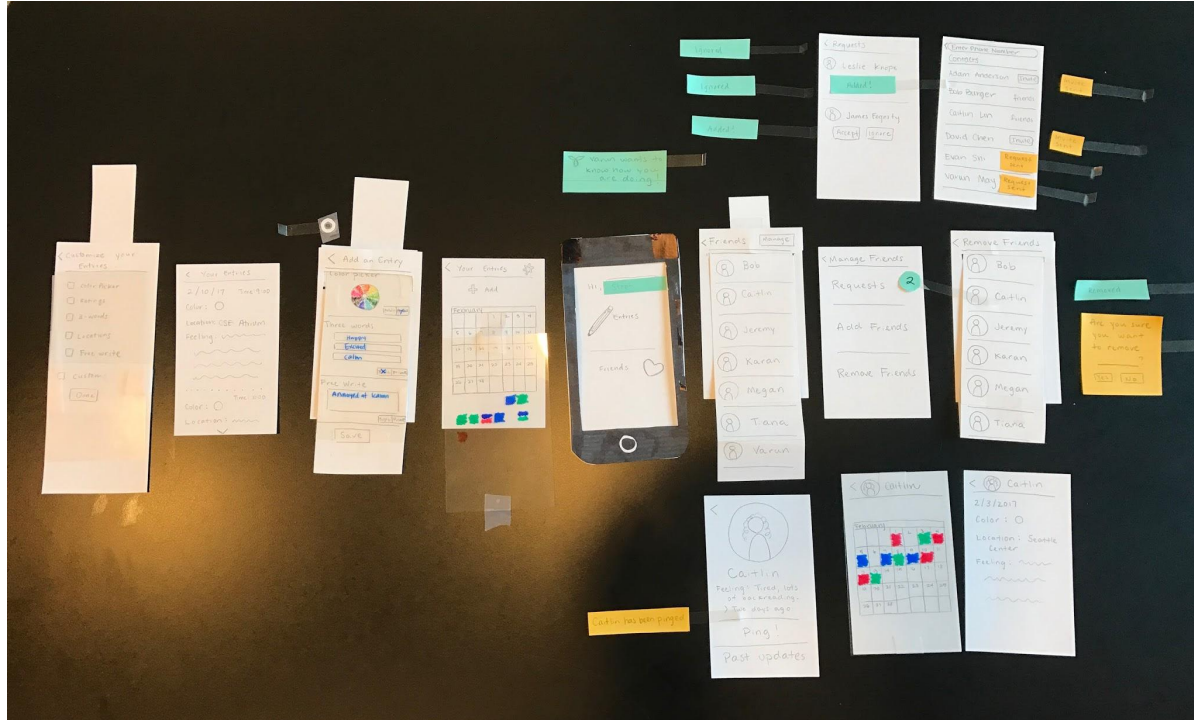
Asking for extra support from people around you

Problem: Motivating Conscious Reflection & Interaction

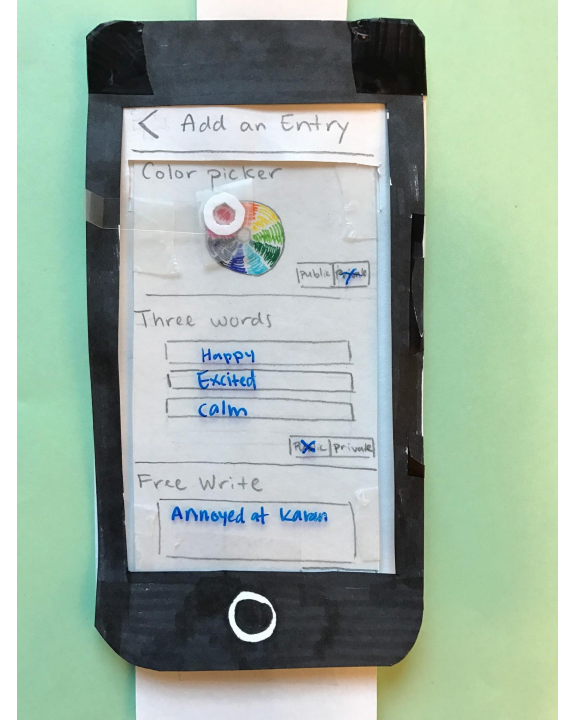
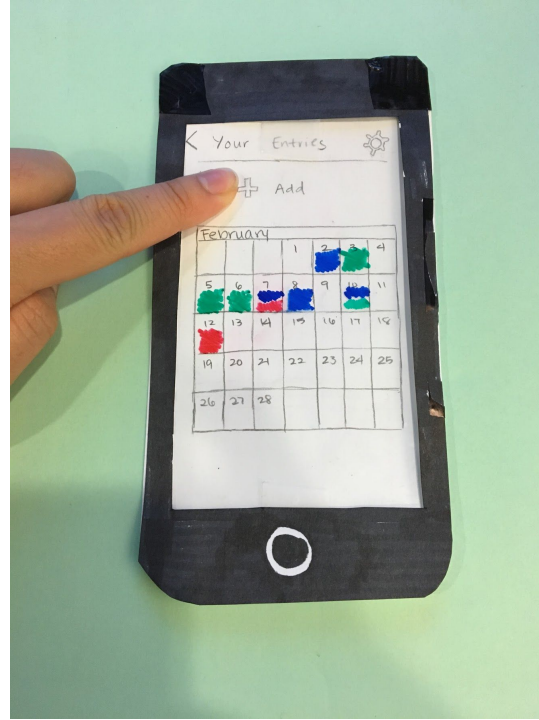
- Reflection:
 - Difficult to perform conscious self reflection on a regular basis
- Interaction:
 - Difficult to check in with friends in a meaningful way through social media



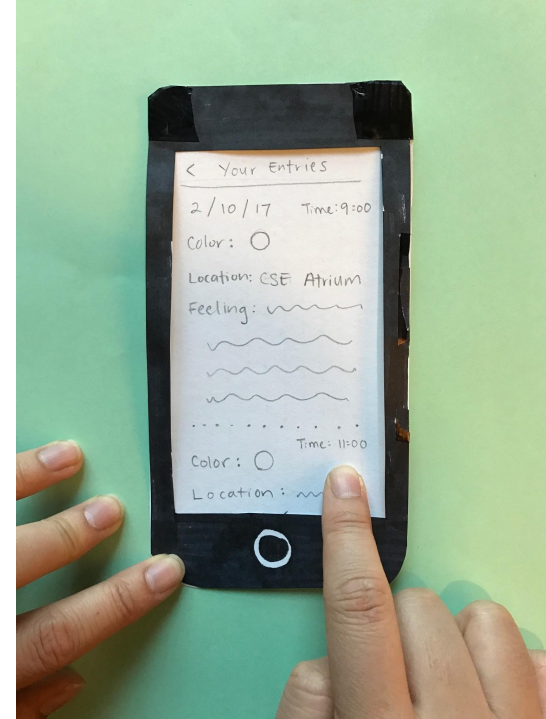
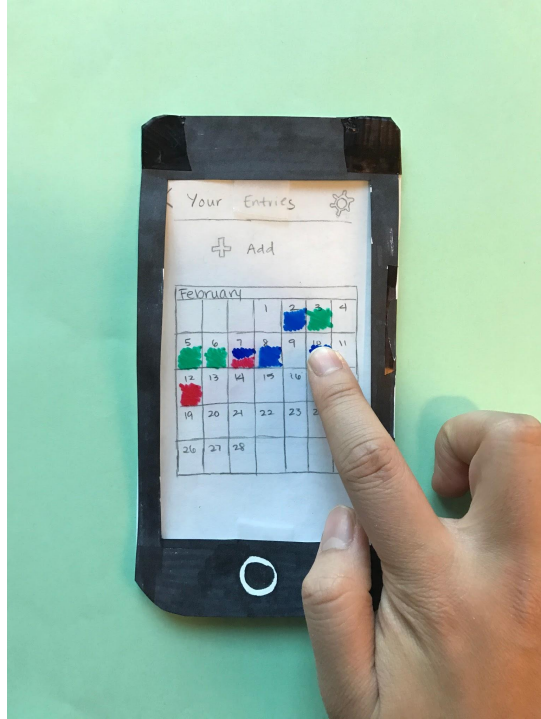
Initial Paper Prototype



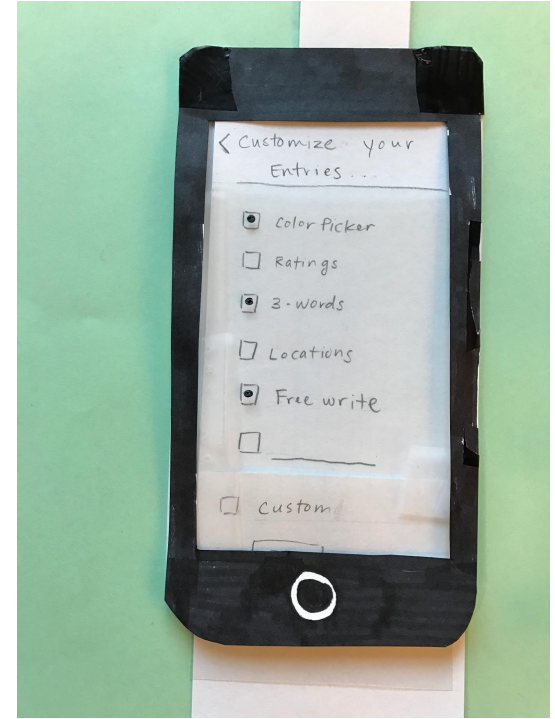
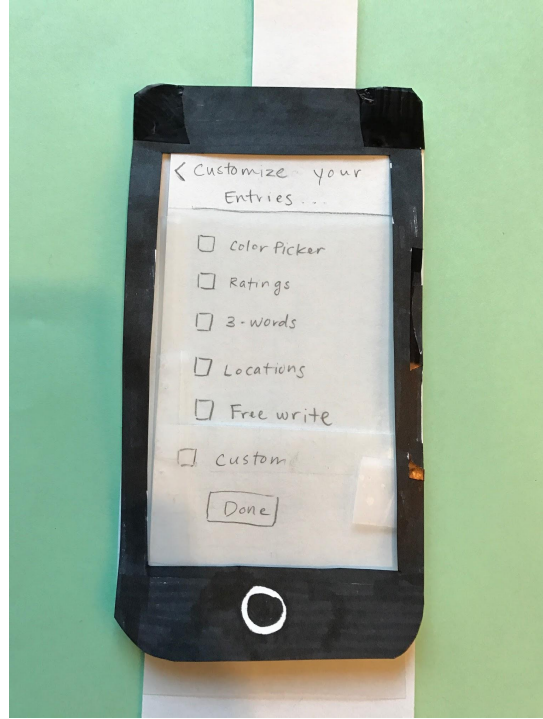
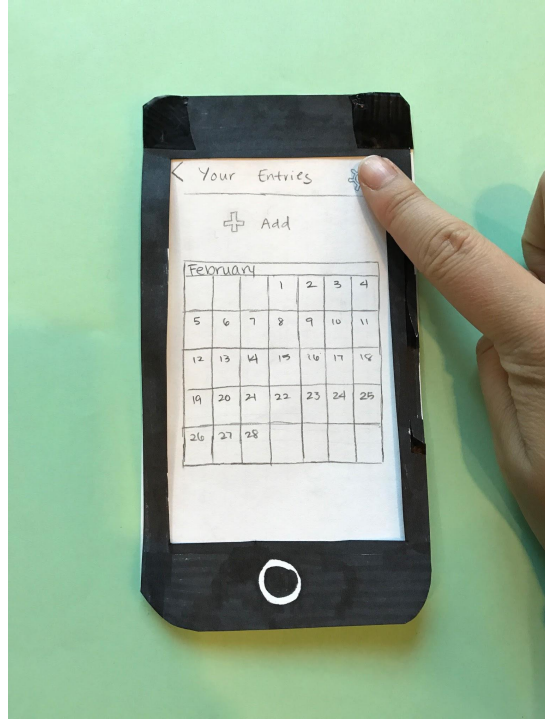
Initial Paper Prototype: Creating Content



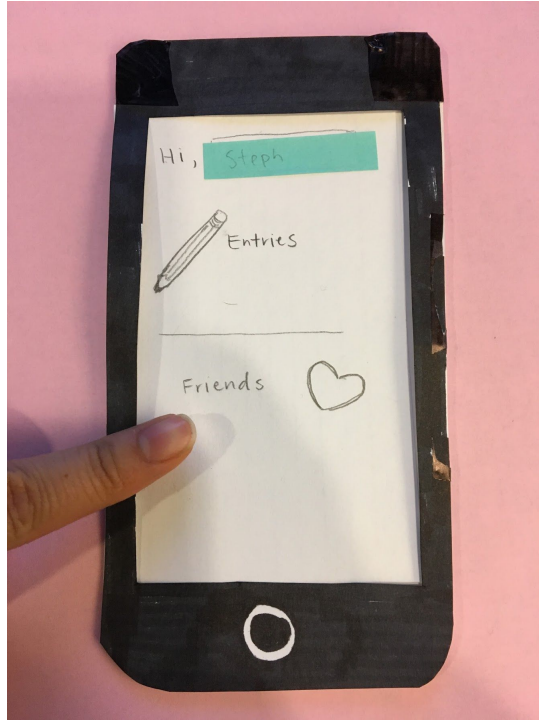
Initial Paper Prototype: Creating Content



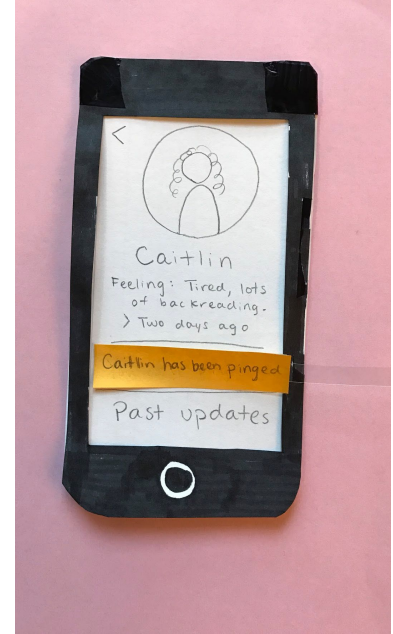
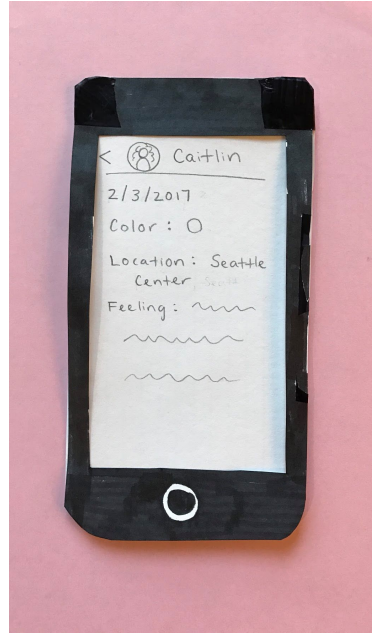
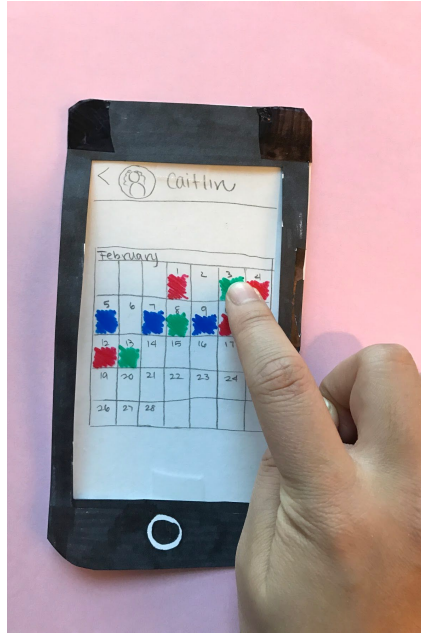
Initial Paper Prototype: Creating Content



Initial Paper Prototype: Interacting with Content



Initial Paper Prototype: Interacting with Content

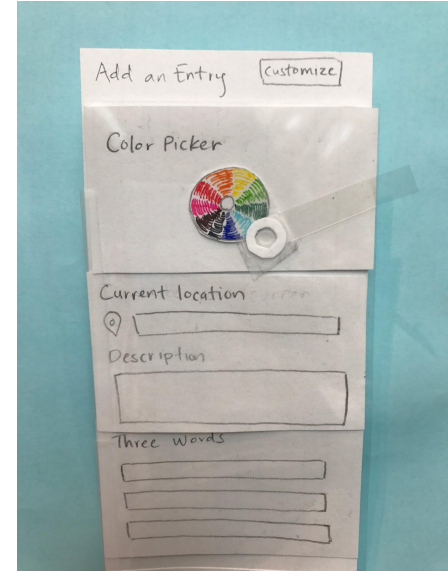


Testing Process

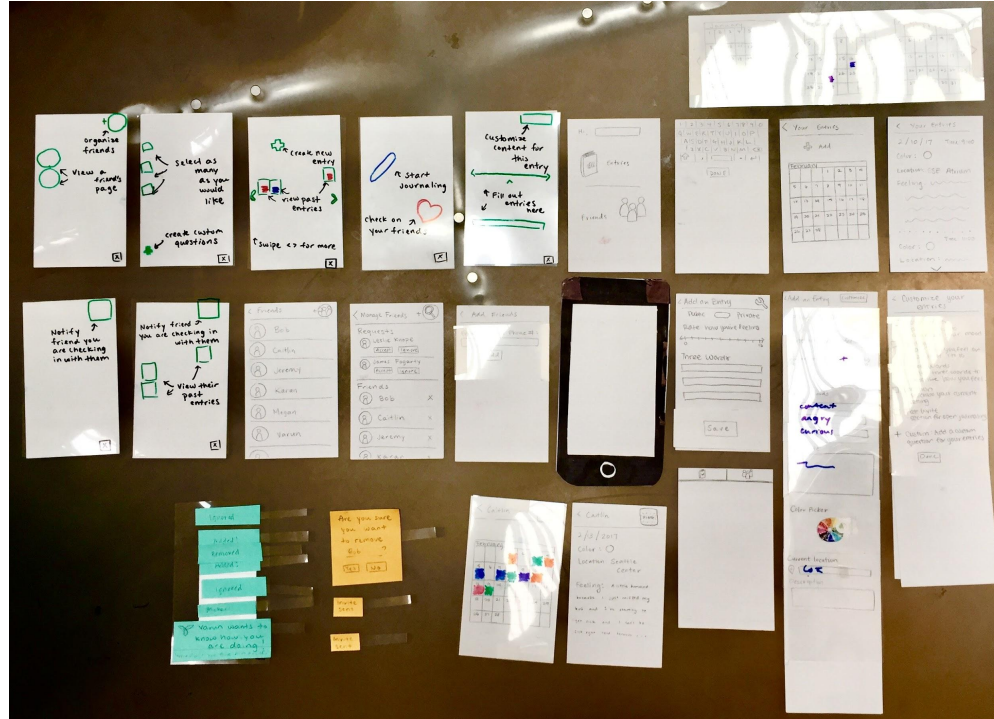
- 2 heuristic evaluations
- 3 usability tests

Testing Results

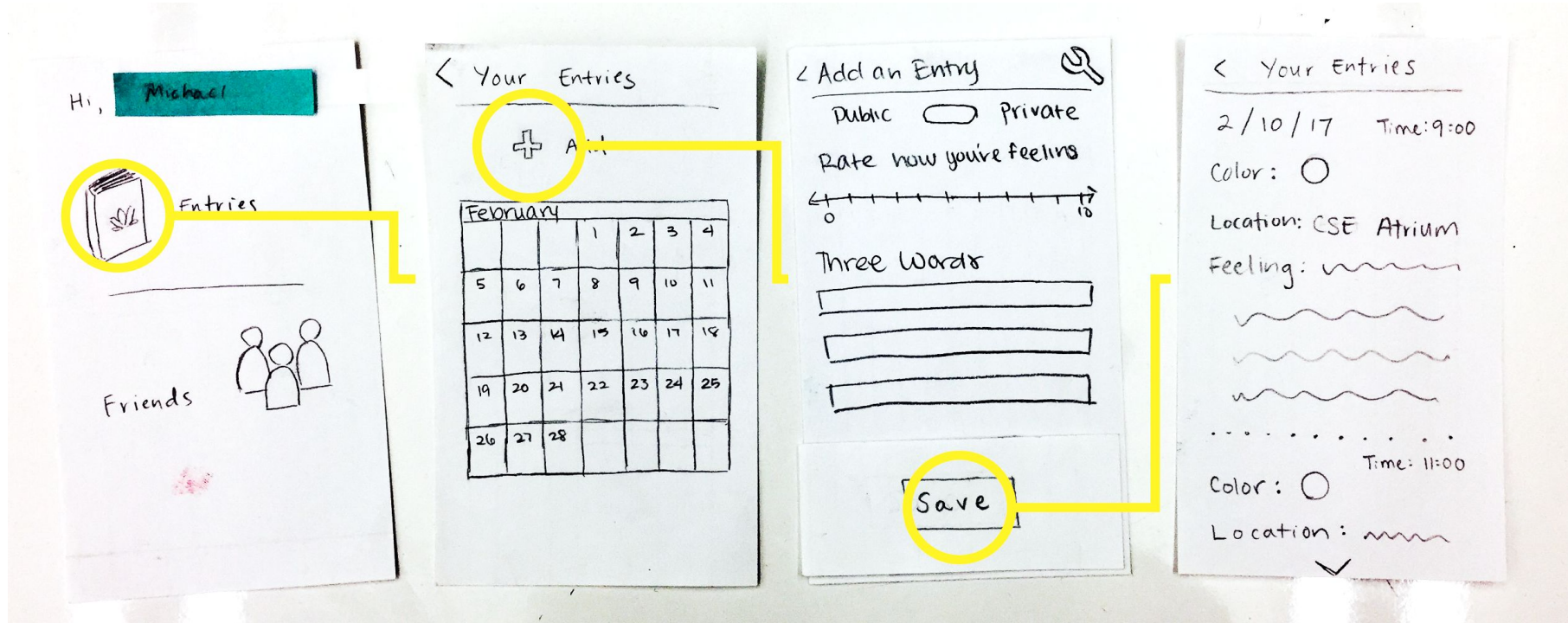
- Heuristic Evaluations
 - Unintuitive navigation
 - Lack of onboarding
- Usability Tests
 - Unused customization feature
 - Confusing “knock” interaction
 - Ineffective homepage



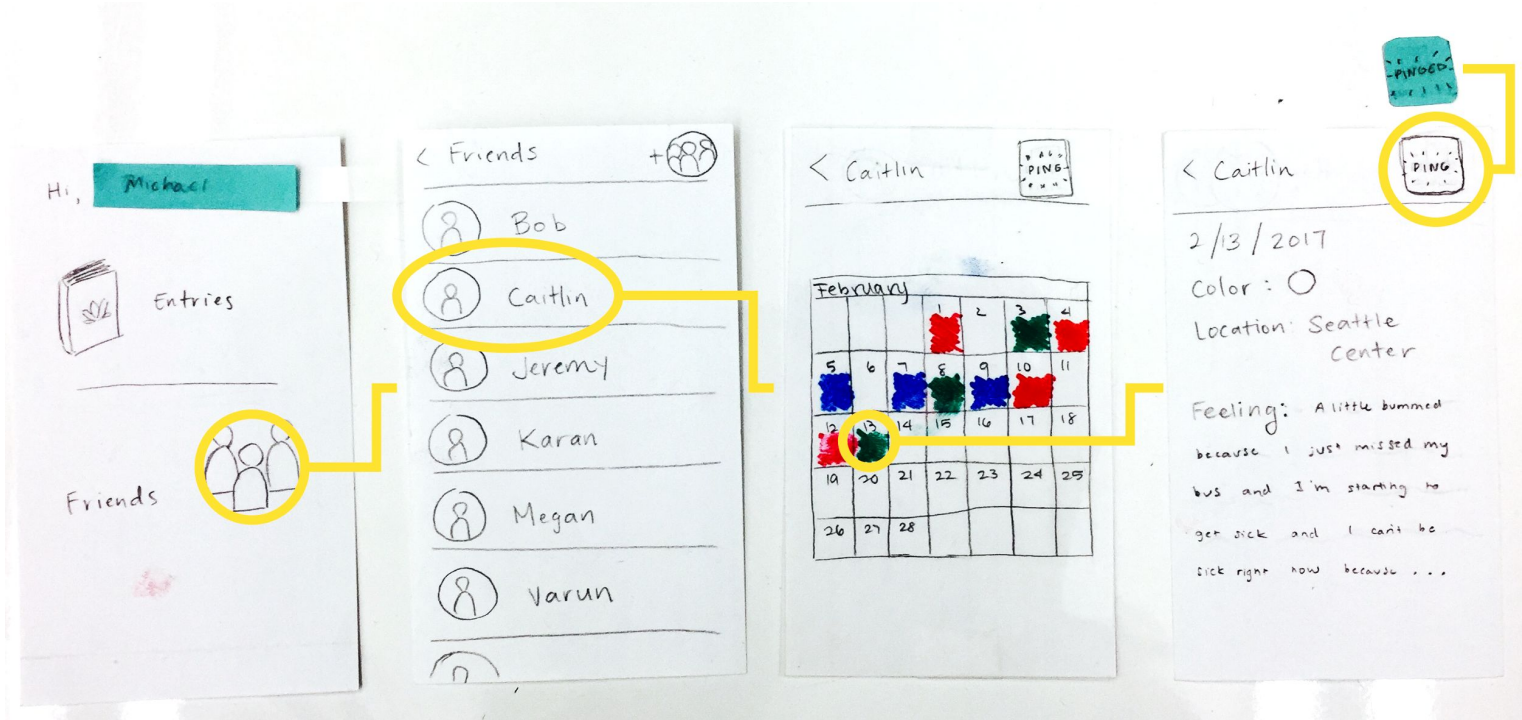
Final Paper Prototype



Final Paper Prototype: Creating Content

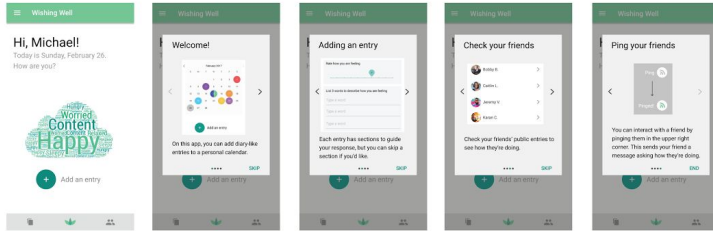


Final Paper Prototype: Interaction with Content

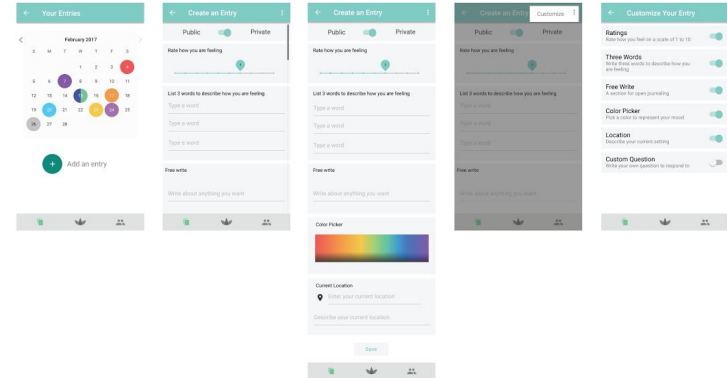


Digital Mockup

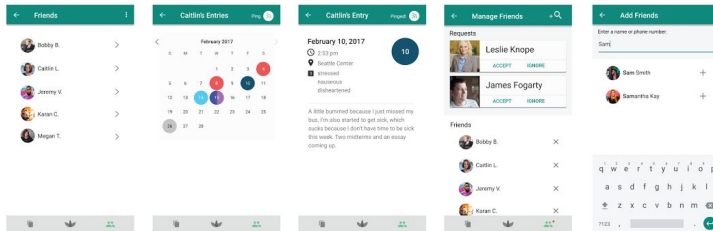
Home Screen and Tutorial



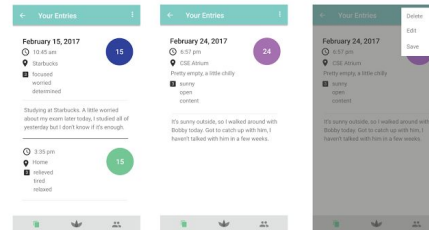
Adding Entries



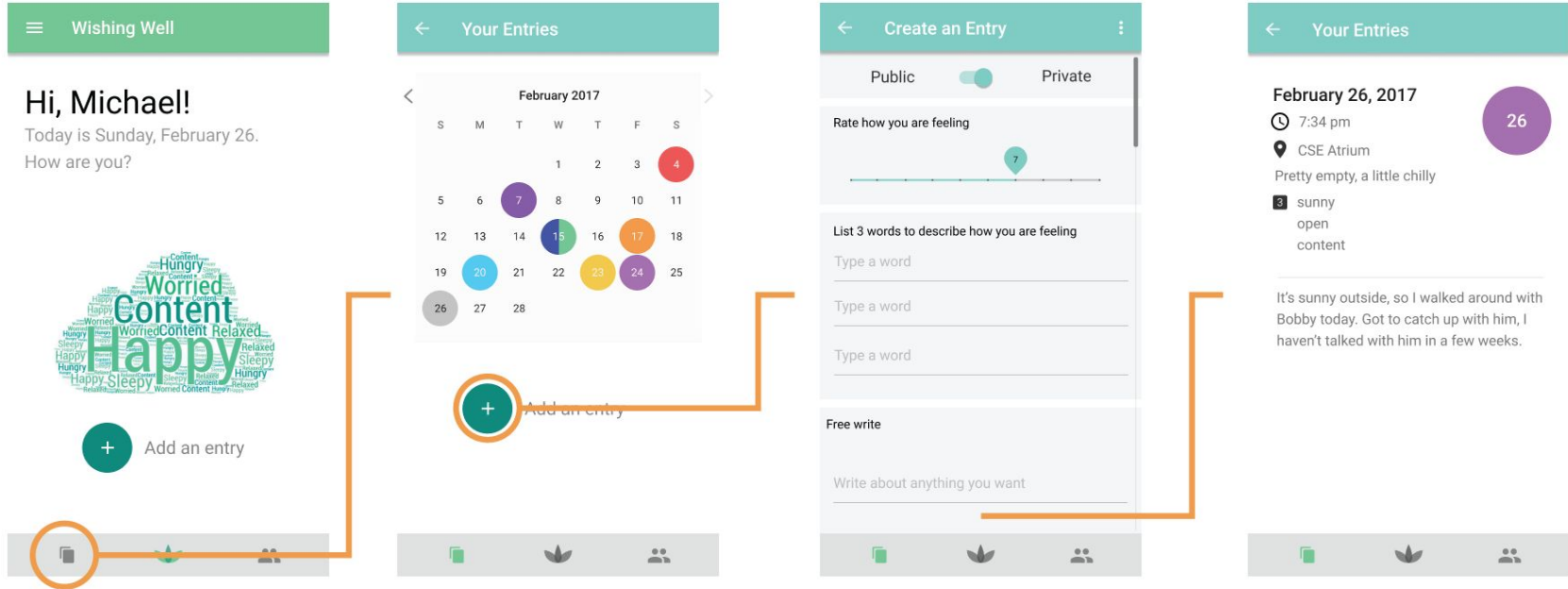
Viewing and Managing Friends



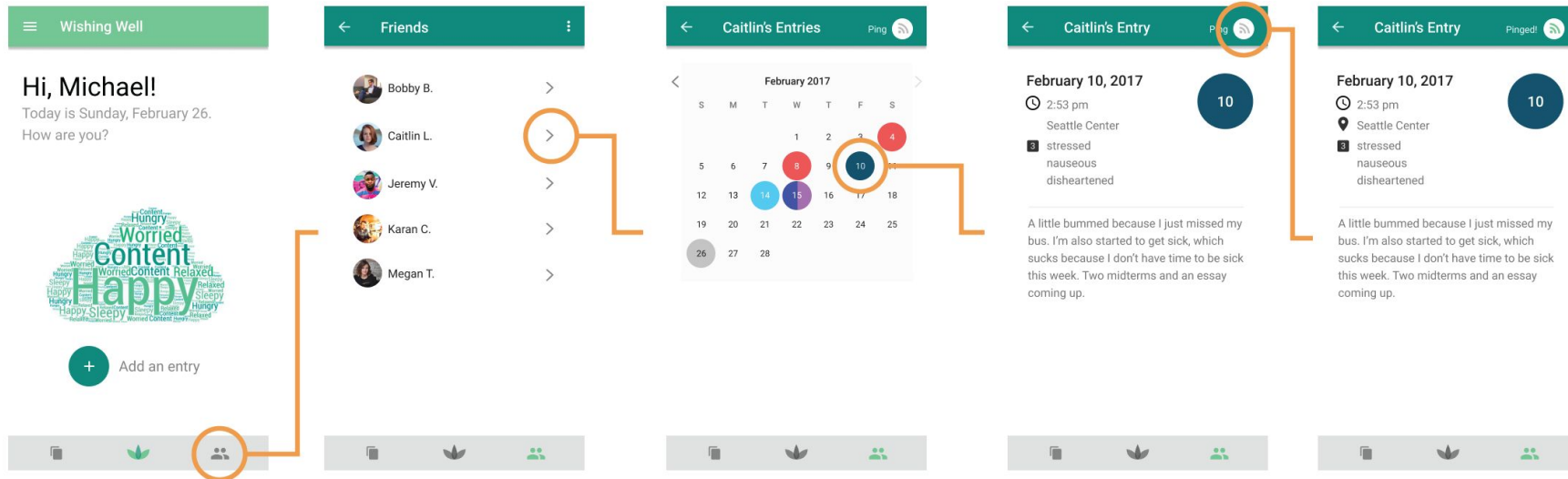
Viewing Your Entries



Digital Mockup: Creating Content

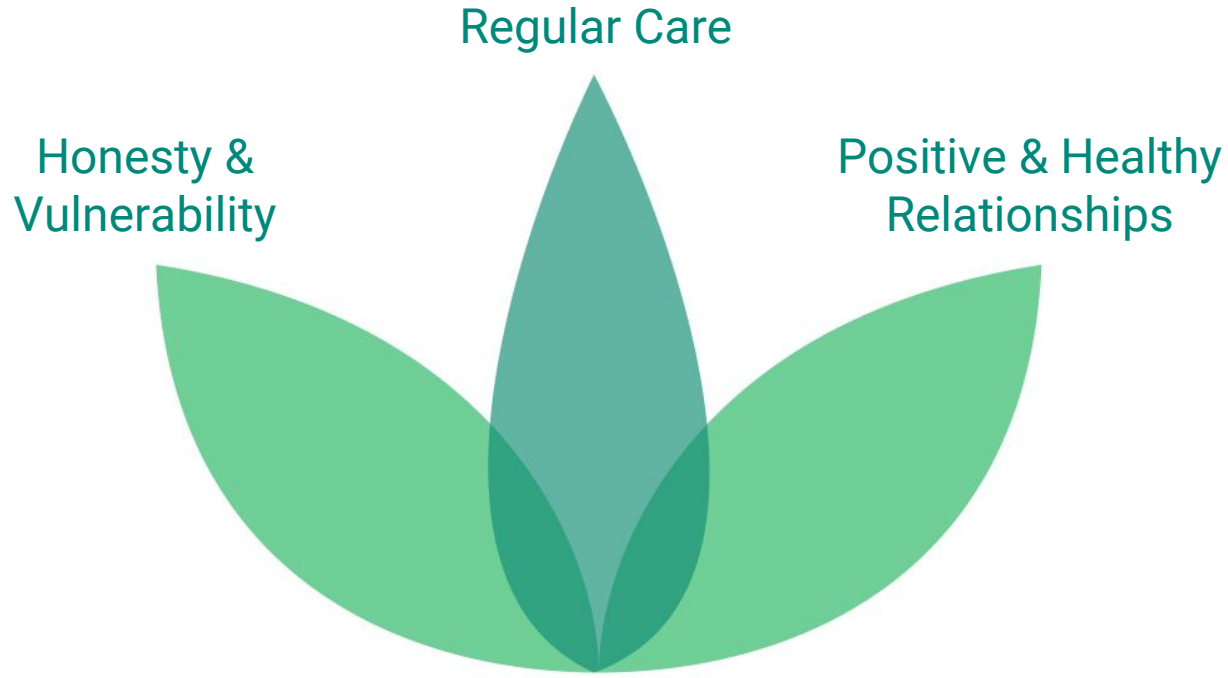


Digital Mockup: Interacting with Content



Summary

- Onboarding the user efficiently
- Maintaining balance between personal reflection and peer interaction
- Conveying the correct interaction of checking in on friends
- Emphasizing creating entries over customization of entries



Wishing Well



Wishing Well

Hi, Michael!

Today is Sunday, February 26.

How are you?



Add an entry



Wishing Well

Welcome!



Add an entry

On this app, you can add diary-like entries to a personal calendar.



SKIP



Add an entry



Wishing Well

Adding an entry

Rate how you are feeling



List 3 words to describe how you are feeling

Type a word

Type a word

Type a word

Each entry has sections to guide your response, but you can skip a section if you'd like.

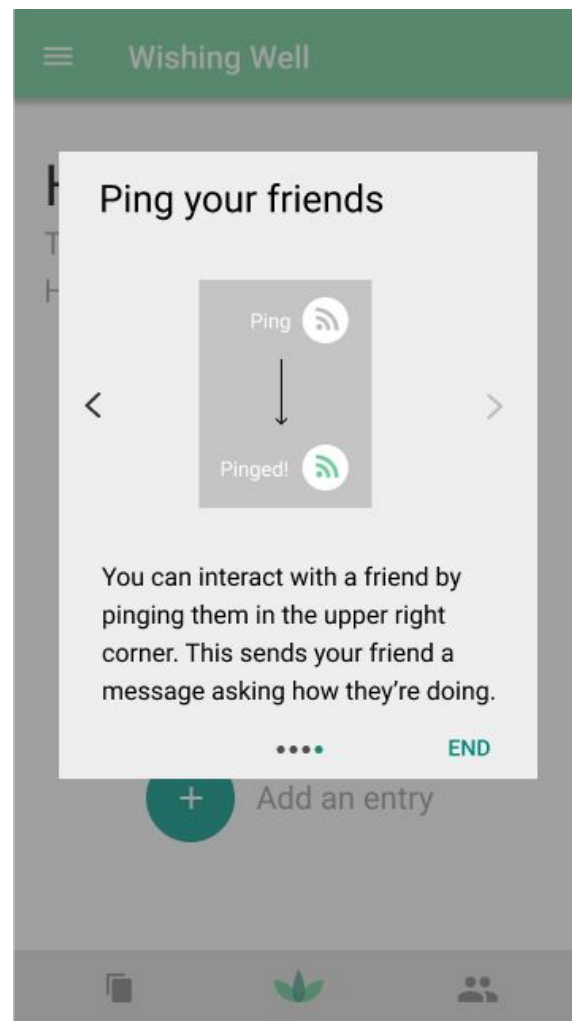
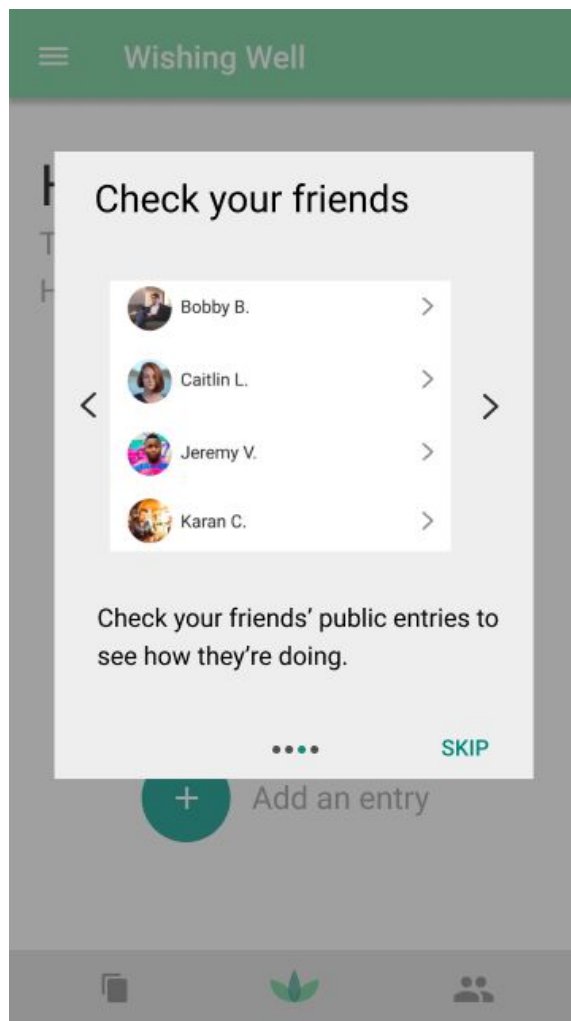


SKIP



Add an entry





< Your Entries



+ Add an entry



< Create an Entry

Public ☒ Private

Rate how you are feeling



List 3 words to describe how you are feeling

Type a word

Type a word

Type a word

Free write

Write about anything you want

Color Picker



Current Location

Enter your current location

Describe your current location

Save



< Customize Your Entry

Ratings

Rate how you feel on a scale of 1 to 10



Three Words

Write three words to describe how you are feeling



Free Write

A section for open journaling



Color Picker

Pick a color to represent your mood



Location

Describe your current setting



Custom Question

Write your own question to respond to



< Your Entries

February 26, 2017

7:34 pm

CSE Atrium

Pretty empty, a little chilly

3 sunny

open
content

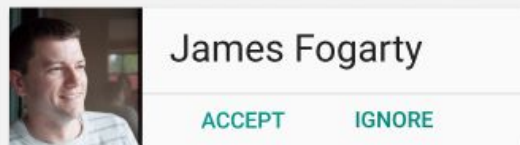
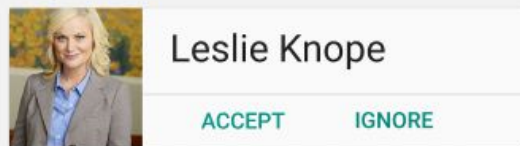
It's sunny outside, so I walked around with Bobby today. Got to catch up with him, I haven't talked with him in a few weeks.

26





Requests

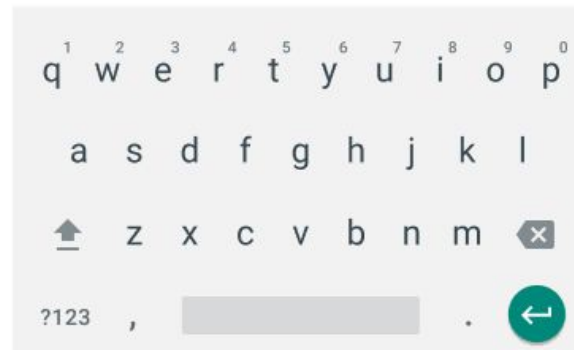


Friends



Enter a name or phone number:

Sam





Caitlin's Entries

Ping



Caitlin's Entry

Ping



Caitlin's Entry

Pinged!



February 2017



S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

February 10, 2017



2:53 pm

Seattle Center

3

stressed
nauseous
disheartened

10

A little bummed because I just missed my bus. I'm also started to get sick, which sucks because I don't have time to be sick this week. Two midterms and an essay coming up.

February 10, 2017



2:53 pm



Seattle Center

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