

# Section 1: Proposal Brainstorm

October 2nd, 2015



# Welcome!

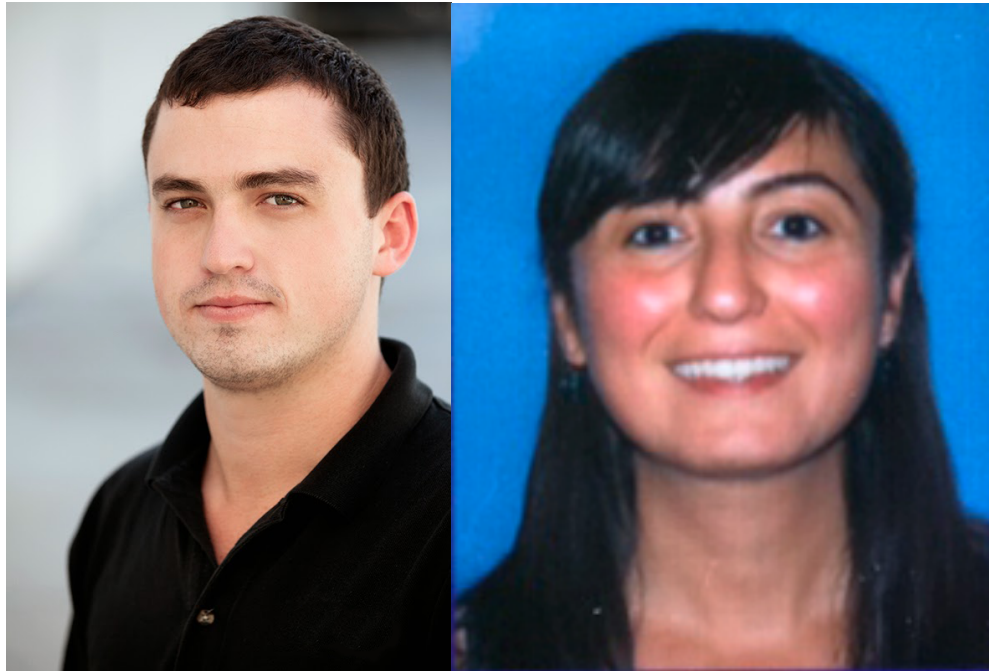


Lauren



Kelsey

# Welcome!



Alex

Saba

# Proposal Brainstorm

Close your laptops!

Get into groups of four (you will be moving around).

Generate many ideas (GO WILD)!

# Ideation Rules

Defer judgement.

Encourage wild ideas.

Build on the ideas of others.

Stay focused on the topic.

One conversation at a time.

Be visual.

Go for quantity.

(From IDEO: <https://openideo.com/blog/seven-tips-on-better-brainstorming>)

# Exercise One. Part One. Domains.

- Get in groups of 4.
- Brainstorm as many project domains as you can think of (relating to personal informatics), write each domain on a separate index card.
- By **domains**, we mean an aspect of life. For example:
  - Finances (e.g. tracking investments, spending)
  - Wellness (e.g. tracking activity, sleep)
  - Health (e.g. tracking allergies, pain)

# Exercise One. Part Two. Users.

- Shuffle to a new group of 4.
- Brainstorm as many user groups as you can think of, write each on a separate index card.
- By **user groups**, we mean a set of people who might have similar interests, goals or concerns that could be met in some way by self-tracking
  - Bicycle Commuters
  - Non-family caregivers
  - Blind Programmers

# Exercise Two. Users + Domains.

- Shuffle to a new group of 4.
- Randomly pick three pairs of users and domains.
- Using different pieces of colored paper for each pair, brainstorm **problems or goals** that might be supported by personal informatics (Quick sketch or one-sentence description)
- Keep in mind:
  - special considerations for this group
  - solutions that currently exist



# Exercise Three. Proposals.

- Shuffle to a new group of 4.
- Divide paper into 32 rectangles (8x4)
- Generate 32 ideas for **project proposals** (one per square)
- Quick sketch / doodle / one-sentence description (quantity not quality, but should still convey the idea!)

