Increase the value of your gym and your trainers with your own app

- Harbor Square
- Adam Andrews
- Chris Carson (3)
- Briana Brookes (1)
- Adam Andrews
- Diana Dean
- Eric Everett

Goals:
- 8% Body Fat
- 315lb squat

Interests:
- Body Building
- Watching Football
- Care

Bench Press
- Total Sets
- Initial Reps
- Initial Weight
- Customize

Squat
- Set 3/5
- 5 reps
- 225 lbs

Trainer Note: Hit depth! Hip drive

Justin Lee <justinj>  Ian Turner <iant2>
Who We Are Looking For

People who are:
- Passionate
- Team-oriented
- Creative

People interested in:
- Fitness
- Mobile apps
- Web development
- UX/UI design
Why You Want This Project

FitTraction is:
- solving a real problem
- full stack
- passion driven
- well planned
- more than a class project